DIRECTORY OF ORGANIZATIONS

IN KIBERA NAIROBI

Compiled by:

Ben Ochieng’
James K. Matheka
The Population Council is an international, nonprofit, nongovernmental organization that seeks to improve the well-being and reproductive health of current and future generations around the world and to help achieve a humane, equitable, and sustainable balance between people and resources. The Council conducts biomedical, social science, and public health research and helps build research capacities in developing countries. Established in 1952, the Council is governed by an international board of trustees. Its New York headquarters supports a global network of regional and country offices.

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Foreword

Many adolescents and children make their transition between childhood and adulthood, in Kibera, a low income area of Nairobi, Kenya. Some are born in the area and many others arrive in Kibera from other parts of the country, hoping to make a better life for themselves in Kenya’s largest city and capital, Nairobi. Little is known about the transition to adulthood in Kibera, yet the recent political violence underscored the challenging and difficult conditions that many children and young people face as they grow up in this settlement.

In 2006, the Population Council undertook a study of the adolescent experience in Kibera. In sharing the study results with organizations active in Kibera, management and front-line workers demonstrated remarkable commitment to the social support needs of Kibera residents. At the same time, considerable overlap and duplication of efforts among organizations was revealed. With the needs of Kibera being considerable, and resources scarce, participants at the dissemination emphasized the need for harmonization, coordination, collaboration, and sharing of resources among organizations working in Kibera. This directory is a result of that meeting and lists over 70 organizations working in Kibera with adolescents and other vulnerable groups. We hope that this directory will help agencies to understand what others are doing and help to foster linkages between programs, as we work together to support underserved populations in Kibera.

Dr. Sam Kalibala
Country Director, Population Council
Nairobi, Kenya
March, 2009
Acknowledgements

We would like to extend our appreciation to many people whose contribution made this directory possible. First and foremost to all organizations that agreed to share with us their time and information about their work in Kibera. We would like to thank Nancy Mwakaba and Edna Mutua who visited all the organizations working in Kibera. We thank Wycliffe M. Mwika for revisiting all the organizations after the post election violence. Special thanks to Annabel Erulkar and Desiree Bliss for their patient review and tips on the directory. Many thanks to Heather Anderson and Charles Burton for editing the volume. Finally, this directory would not have been possible without the financial support from the Nike Foundation.
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Amref youth group

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Respondent: Dennis Odour

Amref Youth Group was started in 1992 with the vision of creating an environment where youth have access to health information. The founding members approached Amref in 1992 when they saw that a hospital was being built and proposed that they be under Amref Kenya. Although Amref does not fund them, it provides technical and logistical assistance. Subsequently, it was registered in 2000 as a youth group.

The group reaches youth in Kibera, but mostly in the Laini Saba area. It began with an awareness program targeting youth and the community in general. The group seeks to enlighten the community on health issues such as HIV/AIDS, TB, Safe Motherhood, Reproductive Health and Home-Based Care. The group members have attended workshops on these topics conducted by Amref, Care Kenya and other organizations. They also hold extravaganzas and talent shows during school holidays that incorporate puppetry, drama and comedy. Winners from the community are taken for training in whatever topic Amref Kenya selects, e.g. HIV/AIDS, magnet theatre for change courses, etc. All these events are sponsored by Amref Kenya. In 2006, representatives of Amref Sweden donated resource materials to the group. Training has also helped some of the youth to secure job opportunities with organizations, including Amref Hospital where Dennis is employed as a counselor.

The group has had a senior football team since 1992 that participates in the Kenya Football Federation (KFF) Super I league. Four years ago the group started a Water and Sanitation program and built a water tank near the clinic where the water is sold. However, the pipes were stolen three months ago and are yet to be replaced. Additionally, they have three pay latrines near the water tank area. The project serves as an entry point into the community in communicating matters of health and hygiene. Apart from Amref and Care Kenya, the group is supported by Medicins Sans Frontiers (MSF) and Kibera Community Self Help Program (KICOSHEP).

The strength of the group is based on their good negotiation skills and commitment to the youth. Group members are flexible and actively participate in group activities. Challenges include lack of employment and education opportunities for the youth, attrition within the group, inadequate exposure outside Kibera, and inadequate managerial skills.

Amref Youth Group expects to be a CBO in five years and plans to build water tanks, toilets and bathrooms in Laini Saba area as an income generation activity. Most members aspire to be professional artistes.
**As-swaffa youth welfare organization**

**Contact Information**

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Respondents: Ashiraf Abdul and Hassan Ahmed

AS-SWAFFA Youth Welfare Organization was registered in 2000 as a self-help group. Its mission is to educate the youth about HIV/AIDS and drug abuse. It covers the Makina area and most of its members are male youth 18 years and above.

AS-SWAFFA youth are passionate about promoting Nubian culture. Their program also addresses HIV/AIDS, drug abuse and moral values. They perform songs at functions and ceremonies and recently performed for the visiting Malaysian Prime Minister. They also hold seminars in collaboration with the Supreme Council of Kenya Muslims (SUPKEM).

AS-SWAFFA started their environment program in 2000. With support from the Community Development Trust Fund (CDTF), they built a water tank with a capacity of 10,000 litres and sell the water at one shilling per litre. They have also built five toilets and three bathrooms that are used by the community at a fee. These projects generate a modest income used to support other programs or during emergencies. Every Saturday they also have clean-ups in the Makina area in collaboration with Bunkers and Carolina for Kibera.

In 2004, they began a football program. AS-SWAFFA FC is in KFF Super II League. The youth have greater morale because of the support given to them by the group. The biggest challenge to the group is income generation. The group is helping to keep about 70 youth out of drugs but needs to offer them some economic gain. AS-SWAFFA assists members to acquire driving licenses and passports. Those who have get opportunities abroad support the group by donating sports equipment.

The organization’s future plans include expanding their reach to other villages of Kibera and including the younger youth. The local administration is a hindrance because they have sidelined the youth. AS-SWAFFA has tried to obtain the Constituency Development Funds (CDF) without success.
Bidii youth group

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The Bidii Youth Group is a self-help group that was started in 2000 with an aim of curbing criminal activities and cleaning up the environment. Its members are from the Makina area and are youth from 14 to 30 years of age.

The group started a car wash business on Kibera drive in 2001 but the business closed down the same year due to water shortages. Currently, their main activity is garbage collection and selling scrap metal and plastics in the Toi area, which earns them a little under a thousand shillings per month and the members get 30 percent of the profit. From their profits, they have built a mud walled office.

In KWAHO trained the group on the environment, HIV/AIDS, water and sanitation. The group has football teams that participates in tournaments. They also paint houses for income but their main challenge is sustaining the garbage collection project in which they face stiff competition and lack tools for cleaning.

In the future they expect to have a toilet and bathroom business in the Makina area and to buy a water tank. The threat to this plan is that another individual has already brought a water tank nearby.

Bunker young generation youth group

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The Bunker Young Generation Youth Group was established and registered in 1998. Its mission is to empower the youth financially. Its vision is to bring youth together, empower them and make them self-sufficient. The group is composed young people with two trained volunteers. Currently, it works closely with Carolina for Kibera.
The self-funded group has three main projects of garbage collection and scrap dealership, fumigation services, sports and HIV/AIDS. The garbage collection project targets Kibera while fumigation is demand driven. The money earned is shared among group members.

The HIV/AIDS project is in its infancy. It targets young people aged between 12 and 35 years. The group collaborates with other groups in creating awareness about HIV/AIDS. Two members have been trained on HIV/AIDS management.

The sports project brings together boys and girls aged between 10 and 18 years. They participate in local tournaments and most sporting activities take place during school vacation. The group uses sports as an entry point to create HIV/AIDS awareness. Through a partnership with Umande Trust, the group is constructing a bio- latrine with support from Athi Water Services Board but still needs support to help them construct offices and meeting rooms.

The group has collaborated with a large number of youth groups. Its strengths include recognition by the community it works with and its partnership with Scott-Johnson (manufacturers of Johnsons-IT) to create a bug-free environment. Its greatest challenges include lack of funding, increased competition from other groups collecting garbage and exploitation by middlemen. More expensive plastic paper bags are also a challenge.

In five years, the group expects to create employment for all its members by expanding its garbage collection IGA. In future, the group wants to be involved in policy making, as it knows the problems facing Kibera and the appropriate intervention measures for them.

**Care-Kenya**

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Care Kenya is a development and humanitarian organization with a goal to reduce poverty at the household level and provide relief in emergencies. Initiated in Kenya in 1968, Care works with poor communities in North Eastern, Western, Eastern and Nairobi provinces, meeting relief needs and phasing in long-term projects. Its mission is to reduce poverty at the household level and provide relief in emergencies alongside giving back dignity and security. We derive our strength from Care International's global network and from Kenya's greatest resource - its people. In Kibera Care has links with local Community Based Organizations, churches, schools, government agencies and Faith Based Organizations.

Care’s grassroots presence in Kibera enables them to easily reach the neediest people in the community. Care has developed manuals that every project within its program goes through.
Key achievements of Care include creation of broader networks and partnerships, development of economic empowerment modules, Group Savings and Loans (GS&L) for businesses, close collaboration with government and capacity building for CBOs to write good proposals and reports to donors and improve the quality of programming and financial systems.

However, high expectations from staff, CBOs and the community at all levels are the biggest challenge they face.

**Centre for viable development research innovations and interventions (CVDRII)**

**Contact Information**

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**Respondent:** Ken Mwalabu

CVDRII was established and registered in 2003. Its mission is to empower both men and women of Kibera so as to enable them to face issues affecting them such as AIDS, drug abuse and unemployment. Its vision is to create a society free of HIV/AIDS and opportunistic infections. The CBO works in Kianda, Gatwekera, Soweto, Raila, Kisumu Ndogo, Makina, Kambi- Muru, Lindi, Silanga Laini Saba and Mashimoni. It has three trained staff, five support staff and ten volunteers.

The self funded CBO has three key projects. These are the people living with HIV/AIDS (PLWHAs) project, widows and Orphans and Vulnerable Children (OVC) support project, and youth affairs project. The PLWHAs project supports people living with HIV/AIDS and provides home-based care (HBC) services, spiritual and counseling support and post-test group therapy where infected persons meet together to share their experiences to reduce stigma and isolation of infected persons and enable them live positively.

The widows and OVC support project targets families that have lost one or both parents. The group reaches out to this group through home visits, spiritual counseling, and therapy where widows come together to share their experiences. As a result, widows and OVC have accepted their status. CVDRII distributes food obtained from well wishers on a monthly basis.

The youth affairs project targets young people aged between 12 and 26 years. It reaches out to the youth through sports, HIV/AIDS awareness campaigns, and recreational activities such as theatre and artwork. As a result, the youth are more aware of HIV/AIDS and participate in the group’s activities.

The organization collaborates with other groups such as Dudu Baya Self-help Group, Pillars of Kibera and Kibera Community Youth Program among others. Its key strengths are that it
is a self-sufficient group although its major threat to success is membership attrition and inadequate Kibera community support.

In five years, the group intends to promote new artistic talent in Kibera, reach out to more PLWHAs, widows and OVC, stabilize its IGAs and increase its membership.

**Chill and stay alive self help group**

**Contact information**

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Chill and Stay Alive was started in the year 1997 in Kibera and registered as a CBO in 2005. Its vision is to economically empower the girl-child. It targets girls between ages 12 to 25 years. Chill and Stay Alive Self help group is involved in four main activities which includes tailoring and dress-making, weaving and beading, designing African attire and youth counseling. After training, girls are awarded certificates of completion to assist them to look for employment. Currently 15 girls are enrolled in the program and are undergoing training. One of the key achievements is the high number of girls who have received training through Chill and Stay Alive Self Help group and are in stable employment.

Some of the challenges facing Chill and Stay Alive Self help group include shortage of training materials bought by the students, constant machine breakdowns, inadequate space for operation, and poor fee payment by the students despite the fact that they charge only Kshs. 300 for admission and Kshs. 200 for tuition monthly.
Community support group (CSG)

Contact Information

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Community Support Group is a community-based organization working to empower youths to be both economically and socially independent. It was started in 1997 and registered in 2001. Its mission is to build the capacity of vulnerable populations, especially at risk youth and give them opportunities and choices for basic human development leading to long healthy creative lives and enjoyment of decent standards of living with freedom, dignity, and respect for others.

CSG works mostly in the four villages of Raila, Makina, Kisumu Ndogo and Gatwekera. It also has a clinic in Ugenya under the name Matabibu Foundation. Its programs and office are run by 6 volunteer officials. Save for membership contributions, their only donor is Helping Hands.

In 2006, CSG began implementing an education program and started a school called Seed Junior Academy. To date, the school has enrolled 36 students in nursery and class one. The school is named after SEED, a Canadian organization that helped them come up with the idea. They expect to receive financial aid from SEED to start a school feeding program.

The Youth Sports and Info-tainment program organizes the “Project Pamoja”, an annual event. Representatives from youth groups are invited and trained in theatre and acrobatic skills. So far they have trained groups such as Kibera Community Youth Program (KCYP) and Ghetto Performing Arts. Trainers include volunteer international students on an exchange program. CSG also visit schools in the area to give health talks and discuss HIV/AIDS and career choices. In addition they have a football team for adolescents below sixteen years.

The group has started an environment and sanitation program and is currently trying to establish a site for solid waste management. There are two graduate students from Kenyatta University teaching eight youth on recycling, organic farming and compost making. Classes are conducted every Saturday over a period of three months. Trained youth are expected to be peer educators.

The Poverty Alleviation and Capacity Building program targets youth who make handicrafts from bone. The program helps them to market their produce. The program has organized workshops on micro finance and innovation. CSG has adopted Save Africa, a group of women living positively who design beads and mats. CSG facilitates them to attend workshops on handicrafts, health, microfinance and GS&L as well as to market for their products. MSF provides the women group members with ART.
The group’s main strength is visibility at the grassroots level. Main challenges include funding lack of IGAs, membership attrition for lack of gainful economic activities, poor workshop attendance levels, “briefcase organizations” threatening genuine organizations and community suspicion of HIV/AIDS projects. In future, CSG expects to be fully sustainable with youth benefiting economically from their projects. By 2012, the group expects to see Kibera youth employed and educated.

Carolina for Kibera (CfK)

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Respondent: Salim Mohammed

Carolina for Kibera is an international NGO established in 2001 to fight abject poverty and help prevent violence through community-driven development in Kibera and beyond. Their motto is “Tujiunge Tuangaze” or ‘let us unite and shed light’. Its primary mission is to promote youth leadership, ethnic and gender cooperation in Kibera. It has a staff of over thirty employed in its various programs. Its office and youth centre are situated in Olympic estate in Kibera.

Carolina for Kibera works with many partners both locally and internationally. The University of North Carolina is especially a strong collaborator and houses a support centre for CFK at the Centre for Global Initiatives at Chapel Hill. It also partners with the Population Council, Forum for African Women Educationalists (FAWE), Centres for Disease Control (CDC) and Duke University among others.

In 2001, CFK began the Sports program for the youth. It has soccer teams for both boys and girls that participate in tournaments, one of which is the CFK Championship. In return the youth give back to the community through clean-ups and peer outreach services with messages on HIV/AIDS prevention and other activities. Teams earn extra points from collecting garbage. The number of groups participating has grown to over 210 and the program has trained 15 youth who are licensed referees and are working in the national football league.

In 2002, CFK started the “Binti Pamoja” (Daughters United) Centre for girls and young women in partnership with Population Council. Binti Pamoja provides safe spaces for girls to discuss issues of import including reproductive health, gender based violence, training on financial literacy, peer education and life skills. To date the program has reached over 100 girls. The young women provide outreach services to the community to fight violence and discrimination within and outside Kibera.
With the Global Financial Education Program, CFK has developed a financial literacy curriculum that has been adapted for use in five countries including Bolivia. “Binti Pamoja” members have also documented their lives in a coffee table book called “LightBox”, whose proceeds help raise funds for girls’ school fees (see Website).

Another program that targets the youth is solid waste management and recycling. Aptly named “Taka Ni Pato” (Trash is Cash) it trains youth groups on how to generate income from garbage collection and selling of scrap metals and plastics as well as on organic compost and making crafts from recyclable material such as plastic paper. This promotes not only a clean environment but income for youth in Kibera.

CFK was named a ‘Hero of Global Health’ by Time Magazine in 2005. It continues to gain recognition for its work in delivering quality health care and health education to Kibera residents. The Tabitha Clinic founded in 2000 gives primary health care to over 20,000 patients each year. It is working in partnership with the CDC. In addition, supported by Planned Parenthood Federation of America, CFK has a training program targeting youth 10-18 years, which encourages them to be peer educators for safer sex practices and methods of disease prevention in the community. The project has helped strengthen CFK’s ability to manage its HIV/AIDS program of education, prevention, testing and counseling.

CFK’s strength lies in the fact that most of its staff were born and bred in Kibera and have an intrinsic understanding of the community. CFK expects to expand its services to the entire community. They expect to complete the new eco-friendly Tabitha Clinic and increase the number of scholarships from the 420 that they presently offer. The main challenge is little or no collaboration amongst organizations in Kibera. Also, insecurity in the area is a threat to the successful implementation of programs.

**Dudu baya self help group**

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Respondent: Brian Mudiji

Dudu Baya Self Help Group was established and registered in 2005. The group’s mission is to have a better Kibera with a cleaner environment and more well-educated people. It is has 35 volunteers who participate in its sanitation, sports and HIV/AIDS awareness creation projects. These projects are funded by membership contributions and income made through garbage collection. The sanitation project is operational in Makina and Kichinjioni areas. Every Sunday, members collect garbage from homes, sort, burn organic waste and eventually sell plastics and metals, contributing to a cleaner environment.

The HIV/AIDS program targets people of reproductive age in Kibera. Group members educate the public on HIV/AIDS through drama, seminars and workshops. They also
Drug fighters and counseling for the young generation (DFC)

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**Respondent:** The Administrator

Drug Fighters and Counseling for the Young generation (DFC) was established in 1998 and registered in 2001. Its mission is to improve and prevent the current generation of young people from being destroyed physically, psychologically, emotionally and spiritually from the general availability and use of drugs within the community. Its vision is to improve the standard of living for all the children, youth and women in Kenya. Its projects target Kibera residents, mainly those living in Mashimoni village.

DFC has ten professional staff and one volunteer. The Finnish government funds its projects. Some of the programs include a rescue and rehabilitation project, a youth project, a girl child project, disabled children’s project and an income generation project. These projects target boys and girls below 25 years.

The rescue and rehabilitation project targets both abusing and non-drug abusing youth. It creates awareness about the consequences of drug abuse and takes rehabilitated youth to vocational training institutions. As a result, there has been a reduction in insecurity previously experienced in Kibera. In addition, the youth are more responsible and have higher self-esteem because they feel more appreciated. This project also targets battered children and those whose parents abuse drugs. It gives them spiritual nourishment, food, medical care and advocates for child rights. The organization has a school in Mashimoni that has more than 200 students from baby class to class four.

The IGA project targets the youth and women who make baskets, shawls and jewelry for commercial purposes. The market for these items sustains the youth and gives them a small income to fulfill their basic needs.

The disabled children’s project targets disabled children from Kibera. It supports their education by enabling admissions at the DFC centre. Disabled children receive food and medicare and other community members are sensitized to live with them without
discrimination and that disability is not inability. Currently, most disabled children have access to the same opportunities as able-bodied ones. The girl child project advocates against FGM, early marriage, sexual abuse and denial of education. Further, it rescues abused girls and sues the perpetrators of violence. As a result, girls are safer from harmful cultural practices such as FGM and early marriage.

The CBO collaborates with other organizations such as Amref and Girl Child Network (GCN). Its greatest challenges include lack of adequate staff, lack of their own shelter to house rescued children and lack of funds. Its greatest strength is its positive interaction with the community it works with and the local authorities. However, the goodwill is destabilized when there is a change in office bearers in the local government.

In five years, DFC intends to have changed Kibera into an area where children, youth and women live a quality life. Following the displacement of many residents of Kibera as a result of disputed presidential elections in December 2007, DFC started feeding programs that benefited more than 200 families. Fifteen people whose businesses were burnt down received some seed money to restart their business. DFC also organized peace workshops within the community to unite different ethnic groups.

Expect for Kibera

Contact Information

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</table>

Expect for Kibera was started in 2007 and is in the process of registering as a self-help group. Its mission is to make Kibera a better place for the society. Its members are from Mashimoni, Lindi, Makina and Laini Saba villages. The fledgling group depends on membership contributions and registration fees which amount to a little over 2000 shillings. It consists of in and out of school youth 14 years and above.

Although their programs are not yet well defined, they include Music and ArtSports, Sanitation and Education. The group performs drama and songs at functions coordinated by organizations such as Pamoja Trust. From these functions, they earn between 1,000- 3,000 Kshs. They have also formed a boys’ football team that participates in friendly matches with other teams in Kibera which has helped them recruit new members. Like other groups in Kibera; Expect for Kibera also does clean-ups on weekends around Makina, Toi and Mashimoni.

Some of the members are currently training others on HIV/AIDS, nutrition, tie and dye, beadwork, soap making and tailoring. They earn income from these IGAs and also train other youth in the community. Their main threat and challenge is the lack of adequate funding. Currently, they are looking for donors to help them implement their programs. Another threat
is the insecurity in Kibera—because of this, parents have not allowed their girls to attend evening meetings.

They expect that in five years, they will be a well-known organization with branches all over Kibera. They also expect to have a secondary school for the needy and to help educate illiterate youth in Kibera.

**Gatwekera umoja usafi maendeleo (GUUM)**

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- **Respondent:** Robert Musyoka, Margaret Kairu and Sabina Nkanya

GUUM's vision is that of a clean Gatwekera and education for every child. GUUM, a CBO, was registered in 2003. It targets the Gatwekera community and has an executive committee of 13 and a school management committee.

GUUM started in 2002 with a clean-up program. The African Network for the Prevention and Protection against Child Abuse and Neglect (ANNPCAN) mobilized them to start cleaning their environment and they now clean the drains weekly. KCDF provided them with the cleaning equipment such as gloves. They used to collect garbage but stopped because it became too expensive to purchase the bags. Additionally, the water in the drains is now unclogged, reducing malaria and typhoid. However, they do not have a dumping site so because they just put the rubbish on the ground or streets which soon make its way back into the drains. Although GUUM has approached the City Council for help in establishing a dumping site, there has been no response.

GUUM’s major program is the Education program which runs a school for the children of the Gatwekera. Most are OVC and they have a baby class, nursery and class one and two. There was a school feeding program on weekdays. The program started in 2004 and was funded by Oxfam GB until May 2007. Oxfam paid the 5 teachers, parents contributed to the cook’s salary and Care Kenya held free medical camps for the children. The officials take pride in this school because there are fewer street children in Gatwekera. Most children in the village learn at the school. However, the number of children has dropped drastically because GUUM no longer feeds the children due to lack of funds. In June each year, the Froebel University in Ireland sends volunteer teachers to the school. In 2007 six volunteers painted the school buildings, installed concrete slabs in the compound and constructed a tiled urinal.

In 2005, the older members decided to include youth in their activities. They have the GUUM youth group consisting of around 45 members. GUUM is a member of Kibera Slum Education Program (KISEP) and has participated in various workshops under this umbrella body sponsored by KCDF. Members have participated in drama, environment, drug abuse, leadership and HIV/AIDS workshops. GUUM have a separate clean-up and garbage
collection venture and are seeking funds to help the group to start IGAs such as welding or computer services. The Welfare program takes care of the members. The members were trained on GS&L by Care Kenya and now save a minimum of 50 shillings each per week. They have access to quick loans of small amounts (maximum is Kshs. 1,000), which they repay with an interest of 10%. Some members have been able to start small businesses through this program.

Officials cited members’ unity as their strength. One of their challenges is the community’s perception that GUUM is getting a lot of donor money. As a result, parents are reluctant to contribute anything. Lack of funding to improve the school, feed the children, pay teachers and renovate the school is a major challenge. The group owns the land on which the school is built but requires more for expansion. In future, the group expects to start a secondary school with boarding facilities for the orphans. They would also like to have commercial toilets, a dumping site and a lorry to transport garbage.

**Ghetto light youth group**

**Contact Information**

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Ghetto Light Youth Group is a CBO that started in 2003 with the mission of empowering youth economically, spiritually and socially. It was registered in 2005 and has members from Laini Saba, Makina, Gatwekera, Soweto, Kambi Muru and Mashimoni villages. The group has 14 volunteer staff. Their target groups are children and youth aged 4-16 years as well as older youth and young adults aged 17-35 years. In 2007, the group received support from Ecclessia Church USA.

Ghetto Light participates in clean-ups in collaboration with other groups. They have planted trees and grass in Mashimoni School. They also socialize with other groups through their football team that participates in tournaments in Kibera. The Business Department started two years ago targets youth 15 years and above. The group collects garbage and has compost-making sites in Mashimoni and Toi. They are yet to successfully market their compost but use it whenever they get a landscaping job. The group also has a tailoring school that is open to the community and from which they earn some money. Young women make beads, belts, jewelry and baskets for sale.

Ghetto Light also has an art and theatre program for all targeted ages. They perform drama, music, oral narratives and poems addressing issues such as abortion, drug abuse and HIV/AIDS. They also collaborate with Street Kids International and AfriAfya in their reproductive health activities. Through the Spiritual Guidance and Counseling program, the group reaches out to secondary schools in Kibera. They organize both Christian Union
programs and rallies in these schools. The group is in the process of publishing a magazine *Point*, on youth experiences in Kibera.

The group also has a Welfare department where they organize get-togethers, excursions and monthly visits to members. The youths have been also economically empowered through a savings and credit project under K-REP Development Agency and the GS&L groups they have formed. Belief in brotherhood and spirituality is their strength. Challenges include communication problems as many members lack phones. In future, they expect to be an NGO funding CBOs.

**Ghetto big expect youth group**

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- **Respondents:** Maurice Juma and the Secretary

Ghetto Big Expect Youth Group was established and registered in 2006. The group’s mission is to create employment for the youth in Kibera. It is composed of 45 volunteers, both male and female, and focuses on water and sanitation projects. The sanitation project targets Mashimoni area residents. It includes garbage collection, cleaning drainage systems and sensitizing the community on the need to keep the environment clean. The water project also targets Mashimoni area residents and involves selling water. These projects are funded by contributions from members. These projects have increased cleanliness and improved access to water in the area.

The group collaborates with other groups in Kibera in clean-up exercises. These include Asswafa, Mashimoni Youth Group, Gatwekera Usafi Umoja na Maendeleo and Lindi Ushirika wa Usafi na Maendeleo (LUUM). The key strength of the organization is unity among members, enabling them to establish their two projects in a short time. Its greatest challenge is the lack of trust from the community. They are continuously scrutinized by the community. The group expects to create job opportunities for all members through increasing the number of water points. Plans are underway to get into HIV/AIDS programs and poverty reduction projects.

**Ghetto development centre (GDC)**

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Ghetto Development Centre is a CBO registered in 2006. Its founder, retired Norwegian doctor Dr. Thomas Johannson has a vision for a communication and information centre in Kibera that gives its people access to making their voices heard, faces seen and their talents recognized. Its office is in Laini Saba, where the founder partly resides. It has recently opened another office in the Nairobi city centre.

Ghetto Development Centre is funded Dr. Johannson and concentrates mainly on the newspaper. GDC works with Kibera Community Development Agenda (KCODA) a CBO in Laini Saba. The first newspaper edition was published in May 2007. Before the publication, Johannson and his team were trained on newspaper production and radio journalism by Transworld Radio and friends in the media. About 15 youth were trained and some now form the editorial team. The monthly paper ‘Kibera Journal’ covers news and photos about life in Kibera both in English and Kiswahili.

Currently the centre is publishing its fifth edition. GDC publishes about 1000 copies and sell about 750 copies at twenty shillings each. They are currently looking for a marketing team to increase production and sales. They donate some copies to Laini Saba United football team to sell and keep the proceeds for their equipment and other needs.

The centre also does video editing for occasions and for musicians on a small scale. They expect to start a music studio which will serve local artistes, as well as a radio station once they acquire a frequency.

Challenges include the unfair allocation of the community frequency to another organization, expensive equipment and inadequate security for the expensive equipment in Kibera and lack of computers and cameras.

The strength of GDC lies in the fact that they are enthusiastic and ready for challenges. A strong point in their favor is that the donor lives in Kibera, thus the time from idea to action is short. In the future GDC expects to successfully publish a newspaper, run a radio station a TV station and a cybercafe.
### Ghetto Wasanii Company

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<td>Respondents:</td>
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Ghetto Wasanii is a youth group that was established in 2007 to bring together and nurture local talent and prevent crime in Kibera. There are about 20 members whose ages range from 18 to 30 years. They are supported by the Hot Sun Foundation.

The group was brought together by Pamela Collett, an American whose vision was to help them develop film script writing skills. In collaboration with Hot Sun Films they have produced two short films, “Kibera Kid” and “Train Menace”. The fifteen minute film ‘Kibera Kid’ has won many international awards including the ‘Best Youth Film’ in the Danville International Film Festival in USA. The production, directing and editing were done by Hot Sun Films. The film’s director Nathan Collette also won ‘Best Director’ at the Angelus Film Festival in Los Angeles. Currently the group is working on a full length script of the “Kibera Kid”. The films have exposed youth talent in Kibera and depicted a friendlier side to the area. The members say their accomplishments have given them direction in life, increased their self confidence and developed their social skills.

Group members also engage in other forms of art such as creating cartoons, graffiti, painting, music and dance. They have participated in events at the Kenya National Theatre and Alliance Française. Their greatest challenge is lack of equipment including cameras, computers, musical instruments and costumes.

With the help of sponsors, they would like to reach more youth in Kibera and shoot more films and television programmes on Kibera. They want to have a local TV station that represents the local artistes.
Good life for all (GLIFA)

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Respondent: Paul Ndolo Kiilu

GLIFA is a non-profit Christian society providing opportunities to help equip people to effectively serve others and live by Godly principles in order to create a stable nation. It is registered as a charitable society.

In 2001, a feeding program known as Youth with a Mission (YWAM) started a feeding program for children in Lindi at the Mission Outreach Centre. However in 2004 they withdrew and Paul Ndolo who was a member of the group took over the activity under a new name “Good Life for All” (GLIFA).

At the Mission Outreach Centre School, GLIFA provides children with lunch three times a week. They are funded by Kenyan well wishers. They also provide girls with sanitary towels, greatly increasing school attendance. They engage children in sports such as football and basketball and also conduct lunchtime Christian teaching. Every holiday they also conduct camps where they feed the children spiritually and physically. Although the school is not run by GLIFA, they contribute to improve academic performance. GLIFA also reaches out to street children by partnering with individuals in Kangemi East who are rehabilitating street children. In Laini Saba and Lindi, GLIFA trains women to make woolen mats and help them to sell curios.

GLIFA distributes Christian literature from partners in Sweden at subsidized prices. The two organizations have a close relationship, having members of each organization in each other’s board. An income generation project as well as capacity building program is the Rehoboth College at Galexon House. The college offers community, social work and ICT courses. It sponsors some of the participants and also employs some of the students as interns in the office and in Kibera. GLIFA partners with RISA Children Centre in Kibera to run a feeding program.

GLIFA would like to expand their programs and recruit 1000 students to their college every year from the current 50 students. They intend to reach more family units by sponsoring children’s education and training their mothers in IGAs and creating more jobs for people in Kibera. Their main challenge is a lack of funding to provide quality food, pay salaries and expand the feeding program to other schools. Other threats include HIV/AIDS and the economic recession in Kenyan that have adversely affected their projects success.
Hands of love society

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Respondent: Mary Wairimu

Hands of Love Society (HOLS); was registered as a civil society organization in 2002. Its vision is to create a society driven by one heart to love and serve, whereby, we become one family of brothers and sisters who rejoice and face challenges together. It works with and for HIV/AIDS infected and affected persons from poor backgrounds in Kibera. It also has operations in Dagoretti, Eastlands, Ugenya and Chuka.

HOLS mission is to help people who are undermined, face neglect and discrimination because of their situation to realize a holistic life. HOLS’ main targets are OVC from 3-25 years and PLWHAs. Some of its donors include the Catholic Church (USA), USAID (through Care Kenya), Kenya Community Development Fund (KCDF), and the Constituency Development Fund (CDF). It has a staff of 35 professionals in its projects and is managed by a board.

Since its inception, HOLS has done Home based care for PLWHAs. Apart from home visits they also do counselling and make referrals to MSF Belgium, Riara Health Centre and Amref. They have reached 300 people, most of whom are women. To help them economically, HOLS trains them in GS&L and IGAs like beadwork, soap making, candles and mat making. The savings and loan scheme is doing very well and group members are able to sustain themselves.

HOLS has learning institutions for orphans and vulnerable children. In 2004 they founded St. Aloysius Gongaza Secondary School located in the periphery of Kibera. It is a day school providing quality education and admitting only those with 300 marks out of 500 in their Kenya Certificate of Primary Education (KCPE) exams. Of its first class of twenty eight, three have gone abroad for university and the rest are enrolled in local colleges. In 2005, St. Joseph’s Centre was started for baby class, nursery and pre-unit school children (3-6yrs). These are children living with HIV/AIDS or orphans. Guardians contribute a nominal fifty shillings each month but all other costs are covered by HOLS with the help of donors including Catholic missionaries. The school has up to a hundred children. HOLS has now opened similar centres in Chuka (Meru) and Ugenya (Siaya).

To further empower orphans, HOLS has a vocational training centre in Olympic. This targets those who have dropped out of school. There is a computer training school that is open to secondary school students. Kibera residents also attend at reasonable rates. The other component is tailoring and dressmaking for those who dropped out of school to earn a living. Students are prepared for government trade examinations. All the youth in the different programs are included in the Youth Empowerment program that began 2006. The youth are engaged in life skills trainings, football, environmental awareness and health, drama and income generating activities.
HOLS strength lies in the fact that they have just concentrated on one area i.e. orphans and PLWHAs. They have been able to positively impact on the community because they involve the community in the planning from the start, thus gaining acceptance and support. They also have earned the trust of donors. HOLS expect to become sustainable in the near future and extend their programs to other countries. HOLS has invested some of its money so that in time it may not have to rely on donors.

**Haki jamii trust - the economic and social rights centre**

**Contact Information**

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**Respondent:** Dona Anyona

Hakijamii Trust’s vision is of a society that ensures the protection, promotion and fulfillment of all rights for all the people. It was registered as a trust in 2004 and its mission is to strengthen people’s capacity to participate in advocating and realizing their economic, social and cultural rights in Kenya. It is run by a Board of Trustees and its donors include Kios (Finnish NGO Foundation on Human Rights) and the Centre on Housing Rights and Evictions (COHRE).

Hakijamii Trust’s main targets are the vulnerable and marginalized groups of Kenya. Currently its programs are in Kibera, Korogocho and Kisumu. It has four core programs; Housing and Water Rights, Research and Advocacy, Economic and Social Right Education and Strategic Litigation. It is also a partner with many organization including Kenya Human Rights Commission, Pamoja trust, Kenya Land Alliance, Shelter Forum, COHRE and the International Network on Economic and Social Rights amongst others.

Its activities include training the community on their economic and social rights. Recently it held training for representatives of CBOs in Kibera on their water and sanitation rights. This was in collaboration with Umande Trust. They mobilize the community to actively advocate for their rights in including housing rights. The organization also has a publication ‘the Kenya Housing Rights Update’. In collaboration with COHRE and Umande Trust, they carry out research on slum upgrading and the state of basic services in people’s settlements.

Hakijamii Trust also conducts training for policy makers such as councilors and senior government officials. It also does the same for NGOs and CBOs. It raises the level of awareness and knowledge on economic and social rights amongst key policy makers and implementers. Hakijamii Trust is a key civil society player in advocating at policy level, international and local level for the economic and social rights of the community. They intend to be a leader on housing and water rights.
Heritage Kenya organization (HEKO)

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Respondent: Peter Odero

HEKO was registered as a CBO in 2004. Its mission is to engage the community in innovative solutions on behaviour change activities and poverty reduction initiatives. Community education and development is the foundation of the group. It has sixty five members.

HEKO’s vision is to empower the disadvantaged by enhancing their knowledge, attitude and practices on HIV/AIDS. They have held several seminars on behaviour change, health, nutrition and entrepreneurship. They have so far trained 250 peer educators amongst the youth and also trained five HIV/AIDS and two VCT counselors. They also support 170 families with food and clothes as well as 14 children from HIV/AIDS affected families with educational materials. In addition they have established support groups for PLWHAs. Their funding is from members’ contributions and limited support from development agencies.

Humanity of orphans, youth, widows initiatives Kenya (HOYWIK)

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Respondent: Zachary Ngare

HOYWIK exists to champion and lobby for the rights and specific needs of orphans, youth and widows for their role in the implementation of sustainable development. This is the mission statement of the CBO which was started in 1998 and subsequently registered in 2000. The office in Makina has three volunteers and the school has six volunteer teachers.

HOYWIK began with the Environment program, cleaning up the community and sensitizing the community on environmental issues. They also harvested water hyacinth in Nairobi Dam to make paper and other items but the project stalled when the group was stopped from harvesting the hyacinth. However, the community’s response to the sensitization was positive and other groups sprung up. HOYWIK also had a Capacity Building program that trained the youth to be trainers on issues such as child rights, human rights, leadership and development.

The organization has a Food Security Program that targets orphaned youth which helps them have better lives. They conduct trainings on horticulture, leadership, project development and
With the help of a grant by the Ministry of Agriculture, they are doing organic farming in Raila village. The produce helps feed up to 200 OVC daily and the profits of the sales go towards the GS&L for members (widows and caretakers of OVC). Under the program, HOYWIK has free primary school and pre-unit (so far only up to class one). The 110 pupils are also fed. Save Africa’s Children’s Fund has been a major contributor in helping the OVC. HOYWIK is also funded by KCDF, well-wishers, membership fees and computer services.

The office in the Makina also serves as a Resource Centre for the community. Books have been donated by organizations such as Population Council, UNAIDS, WHO, USAID, NACC, International HIV Alliance and Global Health Council amongst others. Members from other groups, researchers and those interested can access the books. The organization is in the process of opening their website.

All in all, the program coordinator says that they are well recognized in the community and as a result, their activities are well attended. Another strength of the organization is their willing team of volunteers. However, getting funds to run the projects is a major challenge. A big challenge is Kibera’s cosmopolitan and volatile nature and violence may again ensue and displace the beneficiaries of the projects. Peace in Kibera is not guaranteed. The community perceives them to be bigger than they are and therefore, it expects more from them. In future, they expect to start a tree nursery. In the next five years, they expect to be an NGO so that they can reach more people.

**Haki self help group (HAKISHEP)**

**Contact Information**

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**Respondent:** Charles Ogutu

HAKISHEP was established and registered in 1995. The group’s mission is to join other like-minded organizations in fighting HIV/AIDS. Its vision is to have a society free of HIV/AIDS, and who are educated and empowered economically. The CBO works in Gatwekera, Soweto and Raila villages in Kibera. It has two professional staff, nine support staff, six interns and two volunteers.

Formerly, Expect for African Children Initiative (HACI) was their donor but currently they are funded by Care Kenya. They have also been funded by the National AIDS Control Council (NACC). HAKISHEP runs four projects which include Home-Based Care, OVC support, Post-test club and Economic Empowerment. MSF Belgium provides material and capacity building support.

The home-based care project targets bedridden PLWHAs and children with infected parents. The project offers social support, spiritual and counseling support, referrals for clinical care
and nursing care. As a result, in the Raila village, the level of stigmatization of infected persons has decreased and, PLWHAs access Medicare.

The OVC support project targets children whose parents have died of HIV/AIDS or are currently infected. It also includes children whose parents are not ill but are unable to provide for them. It offers them educational support, guidance and counseling, psychosocial support and child protection through advocating for child rights. There has been a reduction in child abuse and an increase in school enrollment and attendance.

The post-test club targets PLWHAs. It advocates for a positive living, does door-to-door sensitization of the community on HIV/AIDS related issues and offers group therapy and monitoring adherence to ARV. As result, the levels of stigmatization previously experienced have reduced significantly. More PLWHAs are adhering to ARV and are not afraid of disclosing their status. In addition, the community is better informed on issues related to HIV/AIDS and more people are willing to go for voluntary counseling and testing.

The economic empowerment project targets women and adolescents. It trains them on group savings and loans; the selection, planning and management of IGAs; and facilitates access to finances for starting and running IGAs as well as monitoring groups. As a result, women are now saving through their groups and many have IGAs with which they are able to support their families. Additionally, the group saving and loans concept is very popular and in great demand.

The CBO currently collaborates with Care Kenya, National AIDS & STDs Control Program (NASCOP), MSF Belgium Area Advisory Council and KISEP among others. Its strengths are that the group is accepted and recognized by the community and three quarters of its members have gone through training. Its main challenge is a lack of sufficient funds to support and sustain their projects. They also need to set up better offices for their secretariat.

In the next five years, the CBO expects to grow into an NGO. It wants to be in a position to transform the community by reducing poverty at all levels. All children in Raila, Soweto and Gatwekera villages should have access to free quality primary and secondary education and vocational training.
Initiative for sports and social arts (ISSA)

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Initiative for Sports and Social Art (ISSA) was started in 2002 and registered in 2005 as a youth group. Its mission is to reach out, empower and enhance young peoples’ talents in order to attain holistic growth. Its programs cover all the villages of Kibera.

The group has various programs for the youth and the most well-known is the annual Mr. and Miss Kibera pageant which started in 2004. This competition is open to Kibera youth aged 13-27 years of age. The contestants are trained on HIV/AIDS issues such as stigmatization by organizations like Amref Kenya. It is quite a big event and the winners become ambassadors of Kibera youth, representing them in public functions within and outside Kibera. They get sponsors for the event such as Maji Na Ufanisi and Umande Trust. The contest also incorporates entertainment whose main message is about HIV/AIDS. This has contributed to making the youth more open to discussing the issues and going for VCT.

Under the Entrepreneurship program, the group partners with organizations such as Umande Trust and HakiJamii Trust to organize trainings on entrepreneurship, proposal writing, bookkeeping and beadwork for members. Members earn money from these small businesses. There is also an ICT program where every Sunday, 12 youth are trained on computers. These are youth who drop out of secondary school due to lack of fees and are trained by two volunteer students from Strathmore University under the Students in Free Enterprise (SIFE) program.

The Sports program has a boys’ football team that participates in tournaments in Nairobi. At these events players pass on messages about HIV/AIDS and drug abuse. These events unite the youth and increase demand for condom use. They also have a theatre group that performs at functions and in the streets both in Kibera and outside Kibera. This has helped sustain the group financially because 30 percent of the earnings go to the group as well as to the individuals. Some of its members have been employed by organizations such as Maji na Ufanisi because of their talent and others are developing their emceeing skills.

ISSA’s strength comes from the passion that they have for youth development and leadership. Teamwork, availability and transparency are qualities that distinguish the group. Currently they do not have adequate funds to implement their programs. The political situation in Kibera is causing youth to be easily influenced by leaders to do wrong. While unemployment of the youth is a challenge in Kibera, with employment comes the possibility of many leaving the group permanently and negatively affecting programs.
In five years, ISSA wants to be outstanding in advocating for youth issues and being a recognized decision maker. They also aim to reduce the gap between the youth and their elders because only then do they believe that development will occur. They also want to have a resource centre that has a library, computers as well as youth-friendly VCT. The threat to these dreams is the fact that the infrastructure is so bad.

**Inter-faith women for peace and development/vision sisters working sisters**

**Contact Information**

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This CBO was established and registered in 2003. Its mission is to have a peaceful Kibera. Its vision is to improve security in Kibera and to empower women through building houses for them. Currently, the group is affiliated with Peace-Net Kenya, an organization that trains its members on conflict resolution skills. The CBO works in Kibera through its office located in Makina and is composed of sixty members.

The self-funded group has three key projects. These are community policing, conflict resolution and constructing houses. These three projects are all aimed at reducing violence against women. Through them, women resolve conflicts occurring in Kibera. They also visit other women who are homeless, infected or affected by HIV/AIDS. In complementing community-policing efforts in Kibera, the women offer information on crime to the police.

The group collaborates with Peace-Net, MSF Belgium and the police. Its greatest strength is that all members are all women while its greatest challenge is poverty. Retention rate of members is poor because many women are unable to contribute monthly as required by the group’s constitution. Currently the group is looking for funding to start a loan scheme that will enable the members to run businesses. They also want to receive training in financial literacy.

In five years, the group expects to have bought more plots and built houses for more women. Further, it expects to have made Kibera a peaceful and secure place.
**Institute for development and welfare services (IDEWES)**

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IDEWES was registered in 2001 as an NGO whose mission is HIV/AIDS eradication, poverty and economic enhancement and raising the standards of the poor. It covers Makina, Gatwekera, Kianda, Kichinjio, Mashimoni, Laini Saba and Lindi villages. IDEWES has four professionals staff, one support staff and occasionally two interns. They operate a clinic in the community as well as other programs that target PLWHAs (mostly women), OVCs and their caregivers. They are funded by Care Kenya who has also trained the staff.

The medical centre provides general treatment to the community, PMTCT, and family planning services, including the distribution of condoms. The caregivers and children are treated at special rates. They also do referrals for HIV/AIDS and TB.

In 2008, they started OVC program where children 6-14 years have been identified (one per family). So far 200 children, 100 boys and 100 girls have been recruited, visited at home and at school, and counseled on life issues. They are provided with uniforms and textbooks.

The Group Savings and Loan (GS&L) program targets the children’s caregivers, people living with AIDS and others from the community. IDEWES trains on GS&L, reproductive health, family planning and IGA. They also give psychosocial counseling and support. To date, the groups formed are doing very well and the members feed their families and improve their businesses. A few men have also joined the program.

IDEWES also has a home-based care program. They visit the caregivers and PLWHAs at home, donating foods, counseling and making referrals. They expect to train the caregivers on HBC. IDEWES prides themselves on their GS&L and OVC programs that they say have been very effective. They have seen a positive change in the attitudes of people they help and although they only started the programs recently, they consider themselves the best in these areas. Their main challenge and threat is the lack of adequate funding for programs.

IDEWES conducts hygiene promotion and sanitation activities around Kichinjio. Through the paralegal program the Open Society Initiative (OSI) started in July 2008, IDEWES offers counseling to young couples as well as girls who are school dropouts.

In future, they expect to have a feeding program, take OVC to secondary school and have vocational training for caregivers. Shortly, they will start a program for commercial sex workers and single mothers.

**Jasho letu self help group**

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Jasho Letu was registered in 2006 as a self help group whose vision was to improve living standards of the community and have a clean environment. Its activities are run by an executive committee of 25 officials and its membership of 158 ranges from 18 to 60yrs. It is situated in Gatwekera village.

The main activity of the group is GS&L. The members each save a minimum of five to ten shillings per day and are given loans at 10 percent interest rates for six months. It is also helped by the revolving fund program of the Umande Trust that has enabled more people to access loans to improve their living standards or businesses. The group also has a welfare program that ensures that members are helped to meet the costs of funerals and hospital bills.

The group collaborates with Umande Trust, Bidii Yetu group, Mama Okinda, Gorofani Movie and Mapambano, all of whom form the umbrella body Katwekera Tosha that has built two bio-centres in the village. In future, they expect to purchase a plot and build houses and a bio-latrine.

**Katwekera tosha**

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Katwekera Tosha is a group made up of Jasho Letu, Mapambano, Bidii Yetu, Gorofani and Mama Okinda groups. It was started and registered in 2006 as a CBO with the vision of improving people’s lives and uniting the young and old.

As the name implies, the group works in Katwekera. It is supported by Umande Trust and membership contributions. The contribution amounts to 20,000 per month and their project targets the entire community. They came together mainly to implement the bio-latrine project funded and facilitated by Umande Trust. The group has completed one bio-centre and is in the process of completing another. These are permanent, multi-storey, conical structures consisting of toilets and bathrooms on the ground floor and offices/rooms for rent above. The members themselves provide labor. Concrete lattices for the roof are made exclusively by the women. Once completed, the group expects to sell the cooking gas produced to houses within a 200 meter radius.
Members have a savings and loans project in which each member contributes five shillings a day. Loans are given to members and the community ranging from five thousand to ten thousand shillings with varying interest rates (5 percent for members and 25 percent for non-members). The loan repayment period is six months. Many members have built and equipped their business stalls.

Katwekera Tosha also has trainings for the youth and its members. Umande Trust has organized workshops for them on bio-latrines, water and sanitation. They have also been trained on HIV/AIDS and meet the youth to talk to them and encourage them to avoid loitering and drug use.

Unity is their strength. With more funds they expect to have a clinic, water tanks and more latrines in Gatwekera. In 2009, they will build five more bio-centres in Gatwekera. They have recently collaborated with the Nairobi Water Company to have their own water meter chamber that will then channel water to consumers in their area, which will help to stop illegal water connections and foster a better relationship with the company. They expect to register as Katwekera Soweto Water and Sanitation Committee. In five years they foresee having at least 10 bio-centres, water tanks and a vocational training centre. Their greatest challenge is lack of adequate funds and would like a donor who funds them directly.

**Kambi muru self help group (KAMSHEG)**

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KAMSHEG was started in 2002 to fight poverty, HIV/AIDS and idleness by creating IGAs to reduce crime among the youth. It was registered in 2003 as a CBO and apart from Kambi Muru, the group also works in Gatwekera, Kisumu Ndogo and Mashimoni.

KAMSHEG’s activities are run by an executive committee and program heads. One of its first programs was the Environment and Sanitation program. They collect garbage around Kambi Muru for a fee and do clean-ups every Sunday. They also have recently started planting trees and flowers around the village and collect waste plastics and metals that they sell. Their main challenge in this area is that some of the customers do not want to pay for the collection and yet expect the rubbish bags. Like the other groups in Kibera, they have also complained that they are running at a loss because of the high cost of plastic bags. The money collected also has to be shared amongst members who participate.

KAMSHEG prides itself in its HIV/AIDS program, which it claims is the best in Kibera. It is mainly a home-based program where they visit and attend to the bedridden. They also prepare meals for the infected in order to ensure ART adherence. They have 300 clients.
whom they visit at least once a month for two days. The group’s funds go towards this project and they also look for OVC in the community that they link with other organizations like STARA Rescue Centre. They have also brought together people living with HIV/AIDS to form a group—KAMSHEG PLWHAs. These are single mothers, women and men who have openly stated their HIV positive status. They help them to get small jobs like cleaning clothes or assist them in opening small businesses. KAMSHEG has paid for the set up of vegetable stalls for women, with no expectation of repayment. Because of these efforts, stigmatization and promiscuity have reduced. KAMSHEG holds workshops on HIV/AIDS that are facilitated by Care Kenya.

The Sports program for the youth has football teams in all categories for boys. Although they do not have a girls’ team, those interested in the sport are included in the Carolina for Kibera teams. The game helps the youth to avoid idleness and theft. The Education program links school dropouts with STARA, Kibera Primary, Olympic Primary and Undugu Society for either formal or vocational training. The group has sponsored 12 youth for vocational courses. Members have attended workshops on HIV/AIDS, reproductive health, and business literacy. Care Kenya has been the primary facilitator of these workshops.

In 2007, the group started various income generating activities under a business program. Currently, they have a play station, computer services, community telephone services (“Simu Ya Jamii”), a mini shop and a scrap dealership. They also had a salon and barbershop which were used as a training school, but was closed because they were running at a loss. The charcoal business also closed down. The money they receive from these programs is used for the home based care. KCDF has also given them a grant of 115,000 Kshs.

The group says that its strength is honesty and prudent expenditure of donor money. All they receive is used to buy food for the sick, educate orphans and generally aide the community. However the funds are inadequate to run these programs. Garbage collection has become a loss-making venture because of peoples’ unwillingness to pay. They have asked the City Council to help clear the dumping site but the City Council wants them to pay for fuel.

They expect that they will be an NGO in five years and assist CBOs both financially and technically. They would also like to have a trauma and rescue centre dealing with cases of violence, rape and loss of parents. Their main hindrance is the lack of funds and they expect to get donors who will help them support their programs.
Kibera ‘A’ empowerment organization (KEO)

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Respondent: Beryl Apondi

Kibera “A” Empowerment Organization (KEO) is a community-based organization whose vision is to empower women, youth and girls. It was started in 2005 and registered in 2006. Its programs include education and training on socio-cultural, economic and political issues.

The organization has seven volunteers, including officials. Although they have received some funds from KCDF, they are mostly dependent on membership contributions of 1,200 Kshs per month. Their target group is women of Islamic faith and single parents aged 18-24 yrs. Their members come from Makina, Lindi and Gatwekera.

KEO has held trainings for the members on reproductive health, nutrition and HIV/AIDS in collaboration with HOYWIK. The group also collaborates with HEKO and Rehema-Ta-Allah Group. Currently, there is a member trained in weaving who has started making woolen rugs. She will train others to start an IGA. The group has also applied for the Youth Fund and expects to establish a restaurant selling nutritious foods. Shortly, two other members will start making children’s clothes and generate income for KEO.

Lack of funds and inexperience in community development has proved to be challenging. In five years time, the group will be an NGO with well-trained members and the community will have improved living standards.

Kibera community youth program (KCYP)

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Respondent: Fredrick Ouko

The Kibera Community Youth Program is a community-based organization that was formed and registered in October 2002. Its mission is to promote the advancement and well-being of young people in Kibera. It aims to provide opportunities that promote proactive participation in community development.

KCYP is managed through a management and an advisory board. The eight members of staff are volunteers. KCYP currently works in Gatwekera, Kisumu Ndogo, Makina, Lindi, Laini...
Saba, and Mashimoni villages and expects to expand to other villages. Programs are funded by individual donors and some income generating activities. It also has several programs in line with its vision of maximizing the potential of youth.

Through its Environment and Sanitation program, KCYP does community clean-ups, and also assembles solar panels to sell. The solar assembling has led to media exposure (BBC, KTN, and CNN). The Art for Development and Social Change program mainly involves youth in community theatre outreach and art festivals.

The Youth Development and Empowerment program targets young people both in and out of school. They receive training in life skills, entrepreneurship, computer web design, solar assembling and bead making. They are also involved in football tournaments. KCYP has just started a music production program to help upcoming young artistes in Kibera. The Director was pleased to note that the youth in their programs have gained a greater focus for their futures.

Under the Reproductive Health and HIV/AIDS program is Pambazuka (arise), an income-generating project for young women who make beaded jewelry that are mainly marketed abroad. There is also group therapy for both genders to discuss issues that affect them on reproductive health. This has made members more open to discussing reproductive health issues.

Lastly, there is a school outreach program where they visit schools to teach mainly about HIV/AIDS. Although they had started home visits to PLWHAs, they had to stop because they could not meet the high expectations of their clients for material help. The Director cites this as a major challenge although at the same time it is also their strong point. KCYP has built up a reputation as a stable and organized CBO because of how they present themselves and conduct their programs and as a result, the community has high expectations and perceives them to be their redeemers.

KCYP works as a strong unit because of the bonds formed by initial members of the group. Unfortunately, they are challenged by inadequate funds and currently do not operate on a budget. With enough funding, says the Director, they would have permanent staff and have more projects such as building a multi-purpose centre. Generally, they expect to be able to reach more people in the future.
The Kibera Girls’ Centre is a project of the Kenya Girl Guides Association and is affiliated with the World Association of Girl Guides and Scouts. The association is a non-profit, non-governmental organization.

The Centre was started in 1997 by a guide’s leader. Its mission is to provide opportunity to girls and young women so that they can develop into their fullest potential as responsible citizens. The project targets young women in Kibera who have finished high school or who have dropped out. The programs are run by five volunteer staff and one support worker. The programs supported by the Centre are training and community services. The girls are trained in entrepreneurship skills, crafts, dressmaking, life skills and catering among other topics. Girls who are in school can also attend the classes on the weekends. This includes girls as young as five who are kept busy with various activities. A feeding program accompanies the training both during the week and the weekends. The girls also interact with other groups like Cardinal Otunga and Carolina for Kibera in order to help the girls improve their self-expression skills.

All Kibera girls’ funds are managed by the Kenya Girl Guide Association finance department. The Centre also does clean-ups in the Kianda village. The community really appreciates this, Nancy says, and has helped improve their relationship. All of the funding for the Centre comes through and is controlled by the Kenya Girl Guides Association headquarters. They also collaborate with organizations like Aga Khan Foundation, Child Life Trust, Rotary Club of Kenya, Hotsun Foundation, Pierson Foundation, I AM WORTH DEFENDING and Techno Serve.

The centre has started K-Rep girls saving scheme where they have learnt how to develop good business plans. In fact according to Wangoi Nyoike a skills facilitator, 3girls (Winnie Nthioki, Dina Munyiva and Emily Moraa) have won prizes from Technoserve due to their good business plans.

The centre has started training girls on video and filming, to reach and engage idle youth in the community. During the post election crisis, the centre participated in the National Youth Violence Prevention week through focus group discussions. They developed a module of peace messages which were launched in Eldoret.
Kibera girls soccer academy

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Respondent: Richard Teka

Kibera Girls’ Soccer Academy is a CBO that aims to empower the girls in Kibera. It started in 2000 and was finally registered in 2004. Its vision is gender equality for a better future. The girls come from all the villages in Kibera and are between the ages of 8 to 22 years old. All are OVCs. All of the staffs are volunteers and include 10 teachers, three football coaches and four administrators.

In 2000, the organization began as a football team for girls to help them better utilize their time. The team is trained and takes part in tournaments. Teka cites this as one of their strengths because the team is very good. Not only have 4 of the girls joined Langata High School on football scholarships, but 2 more primary level girls have gone to the US to join a soccer academy. From the beginning, the girls were trained in issues such as life skills, handicrafts and reproductive health. In 2006, the founders began a high school for the girls. So far they have 80 students in Form one, two and three. It is free, and in addition to the formal education, there is also training on other issues. This has provided respite for the girls, many of who had stayed out of school for a long period because they couldn’t pay the fees. At the school, there is also a feeding program for girls that provides up to 60 lunches on weekdays. Vision Africa and well-wishers provide funding for the school and other earnings are garnered through the sales of tie and dye materials made by the girls.

Another strength of the Academy is the empowerment of the girls to believe in themselves. However, the environment in Kibera still poses a challenge and three girls got pregnant. Their major challenge is a lack of land for the school because they are currently on donated land which is too small to accommodate further expansion. They also lack adequate funds for running the programs. The teachers are on volunteer basis and so may leave whenever they get paying jobs.

In the future, they expect to have a boarding academy for the girls situated just outside of Kibera. However, lack of finances and the fact that the school is not yet registered hinder this dream. To register as a school one has to fulfill certain requirements which include having fully qualified TSC teachers and own land with a title deed. To date, KGSA does not have these. It is further worrying because in two years time the girls will be KCSE candidates. The Academy would like to do more for all the girls of Kibera and not just the 80 they are educating now.
Kibera Hamlet

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Respondent: John Adoli

Kibera Hamlet was started in 2000 and registered as a CBO in 2002. They also have a branch in Kakamega. In Olympic, 9 volunteer members manage the office. Kibera Hamlet works in all of the villages in Kibera towards achieving their vision of eradicating poverty. Their mission is to empower and nurture the youth. Their programs target both male and female youth, most of whom are in schools and colleges. Their donors include individuals, the Kenya Community Development Fund and Kenya Women Fellowship Association.

The Sports program was first started in 2000. It began with football teams for both genders who participated in tournaments in and out of the Kibera area. The activities serve to keep youth busy and at the same time nurture their talents. After the Sports program, Hamlet then formed the Girls’ Empowerment program to train them on life skills, reproductive health and other topics. After the training, the girls are given certificates and then hold trainings for other girls. Out of the program, 160 girls have also returned to school through sponsorship by a private donor. The chairman says the program has been a major success, gaining support from the parents and guardians. With all the training the girls had received, there was a desire to disseminate their experiences to the community. Therefore, they formed the Culture and Theatre program whose purpose was to create awareness through the arts. They address issues such as HIV/AIDS, domestic violence and drug abuse. They often perform at functions and ceremonies for a fee.

Kibera Hamlet has an Environment Conservation program under which clean-up, garbage collection and cleanliness awareness campaigns are done in Gatwekera village. The group collaborates with KSHG in these efforts. Due to their efforts in garbage collecting, Hamlet has gained recognition and respect within the community. Another more recent program (2004) is HIV/AIDS Support. It targets members as well as those in the community who are affected and infected by HIV/AIDS. They provide counseling and support to those who are referred to them by MSF. They also have a project where PLWHAs make soap and beaded jewellery in order to earn money for themselves.

Kibera Hamlet is currently networking with the Greenbelt Movement and training on environmental issues. The Kibera Hamlet have a project “I Am Worth Defending” (IWD) who train girls on self-defense. The IWD implements the rape survival anonymous self defense classes for girls/women in the program free of cost every Saturday from 2pm-5.30pm at Hamlet’s hall Gatwekera and certifies participants. Hamlet has also started a free baby and child care program targeting five month to 10 year olds.

On economic empowerment, they have started revolving loans to those with small businesses at an interest rate of 5%. This program targets those who are poor and are in the program.
Financially supporting all of their projects, particularly the training for the girls, is challenging. Some of the youth are orphans who look to them for help, but because they do not have sufficient funds, they are unable to assist. In the future, they expect to have their own centre and empower youth through vocational training. They would also like to have a football academy and strengthen the HIV/AIDS Support program.

**Kibera silanga ushirika group (KISUG)**

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- **Respondent:** Patrick Gitonga

Kibera Silanga Ushirika Group was started in 2001 and is registered as a CBO. It is also a member of the umbrella organization KISEP. It was started with an aim of meeting the need for education in the Silanga area and has a membership of more than two hundred, both youths and older persons.

In 2001 KISUG collaborated with the ACK Emmanuel Parish and Kibera Baptist churches located in Silanga to start two primary schools. They also recently started a nursery school. Parents are required to pay only Kshs. 150 per month. The schools were funded by Oxfam GB which also supports the nursery school feeding program. Feed the Children supports in the primary school feeding program. KISUG is building another school in Woodley that is yet to open.

KISUG generates income through various projects. They have two water tanks in the community and also have twenty one rental rooms. Undugu Society helped them to construct the tanks as well as ten toilets. These IGAs generate about thirty thousand shillings per month and helps improve sanitation and health in the community.

The group has also constructed drains in the area. In addition they have a pharmacy where they sell drugs at subsidized prices. The members do clean-ups in the area before their meetings. They have also benefited from trainings by Undugu, Care Kenya amongst other organizations on issues such as leadership, health, environment management and HIV/AIDS. Members access loans from the GS&L groups they have formed with the help of Undugu Society.

KISUG’s main challenge is the lack of finances. The grant by Oxfam GB has ended. In future they expect to have a clinic and their own primary school and an increase in membership so that projects can be sustained.
Kibera youth self help group (KYSG)

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Respondent: Christine Bosibori

The Kibera Self Help Group was established in 2000 and registered as a community-based organization in 2001. Its main focus is to transform youth in the community and make them responsible individuals. Its mission in Kibera is to empower the youth to utilize available resources in order to improve their social and economic well-being. Most of its work is in the Kianda and Kambi Muru villages. The group has a membership of 60 members (interestingly, only five are girls). Twelve of them are staff and an additional 10 are volunteers. They work in IGA’s which serve as the main source of funding for the group. Apart from these efforts, private donors give a modest amount.

The income generating activities include cleaning cars, carpets and seats; garbage collection; compost making; and recycling plastics. They also conduct clean-up exercises. Their clients are from Ayany, Fort Jesus, Jamhuri, Karanja, Olympic, Woodley and Kianda. The funds earned are used to pay staff and volunteers. Apart from this, KSHG has a social program that includes football, drama, and care and support for OVC. 40 children are currently being supported with school supplies. The group has a study room and kid’s club to keep children busy during weekends. The group has benefited from training conducted by Care Kenya, CIPAK, and Carolina for Kibera and KCDF. Allavida Kenya has also been a donor.

Accountability and honesty are KYSG’s strengths and members have stayed together for long. However, finance, especially for the OVC project, is a challenge. They have also had to recently double their charges for garbage removal because of the increased cost of polythene garbage collection bags. They are unable to recruit more members because their capacity is currently too small to employ. In future, KYSG expects to expand and create employment for more than 100 youth, then ultimately become an NGO.
Kibera Zulu youth group

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Respondent: Sadat Abdallah

The Kibera Zulu group was registered in 1994 although its founder members came together in the eighties. Their mission is to help youths who have a talent for playing soccer. They also want to help youth to be otherwise employed from drug abuse and criminal activities. The group has 14 officials and more than 50 members most of whom are from Makina.

The main activity of the group is soccer. It has senior and under 17 teams that play in the KFF Super League and under 12 and 14 teams that participate in Kibera tournaments. To support these teams Zulu has a car wash and carpet cleaning service along Kibera Drive. The proceeds (about 2,800 Kshs. per week) go into funding the teams. Already four players are now playing in the Kenya Premier League and others are in various national teams. They are proud of the fact that they are nurturing talent that might otherwise go unnoticed. Twice monthly, the group does clean-ups around Makina. The group has also attended seminars on HIV/AIDS and learnt how to protect themselves and to live with the HIV infected. The group collaborates with POK, KYSG and Youth Reform.

The group’s strength is their cohesion since childhood, so they love and respect each other. The group has helped former criminals to change their ways. However a major challenge is the lack of modern cleaning equipment such as vacuum cleaners. Moreover they find the City Council’s charge of Kshs, 7,200 per year for the car wash business, exorbitant. Kibera Zulu youth expect that more of their players will become professionals and that their soccer club will gain a good reputation.

Kicoshep

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KICOSHEP is a non-governmental organization that was established in 1991. Its vision is to empower the community so that they can manage the HIV/AIDS epidemic, and create a positive environment that works towards an AIDS-free society. When they were first established, their main area of operation was Kibera and hence the name. However, it has now expanded its branches to other districts like Kisumu, Kajiado, Machakos, Thika and
Nyando. In Nairobi, it also operates in Kiambio and Mugumuini. Its headquarters are in the Chief’s camp at Wilson Airport.

The mission of KICOSHEP is to empower poor people to cope with the scourge of HIV/AIDS and enlist their participation in reversing AIDS trends. KICOSHEP runs various programmes supported by 30 professional staff and 13 volunteers. They also enlist more volunteers from the communities. Currently, the programs are funded by Action Aid, PEPFAR (CDC), Firelight Foundation, KICOSHEP Friends and other private donations.

The HIV/AIDS and Home-Based Care program mainly targets PLWHAs and their families. KICOSHEP has five VCT Centres that are visited by over 1000 people per month. These are mobile as well as static-site services. KICOSHEP conducts awareness campaigns and distributes condoms. There are Home Based caregivers from the community who are trained by KICOSHEP. Clients are followed up after treatment and helped materially. Currently, about 350 clients are supported. KICOSHEP is also collaborating with a Kisumu-based herbalist to give some 150 clients herbal therapy (immune boosters and treatment for opportunistic infections). There are at least 12 support groups boasting 20-35 people each. VCT outreaches are conducted to reach out to the youth to know their status and also to increase access to care and treatment for the HIV infected.

The Orphans and Vulnerable Children (OVC) program targets orphans, children from needy homes and child-headed households. The KICOSHEP primary school provides free education, uniforms and materials to 450 pupils. The school also has a feeding program and a library with two computers. Over three-quarters make it to national secondary schools. The OVC program is expensive to manage, especially in terms of funding for all children going to high school. Although KICOSHEP wants to support all children, the program currently only supports the best performing students.

The Youth program targets the jobless youth by providing training in life skills and home-based care. They are also given loans to start businesses. About 1500 youth go through the program each year. KICOSHEP also has an Income Generating Activities (IGA) program that targets PLWHAs and caregivers in addition to the youth. Participants are trained on business management, given start-up loans and are encouraged to start Group Savings and Loans (GS&L).

In 2008, KICOSHEP started two Girl Child Clubs. One is based in school and targets girls aged 11-17 years. The other is for out-of-school girls who are less than 25yrs old and have at least one child. The program trains girls on topics such as gender, sexuality, reproductive health, HIV/AIDS and rape. Handicraft skills such as basket making, sewing and plaiting are taught. The out-of-school club has had some problems growing because attendance is poor. KICOSHEP also collaborates with institutions like International NGOs and the government in research related to HIV/AIDS. Its other program is training for the community on psychosocial support, home-based care, post-abortion care, HIV/AIDS, IGA and guidance and counseling.

KICOSHEP’s main challenge is funding for the various programs because programs are not yet self-sustaining. There are also many organizations in Kibera duplicating their work which is challenging because some PLWHAs and OVC receive duplicate benefits while others are
missed altogether. The agency has started networking to avoid duplication. In future, KICOSHEP expects to expand to Mombasa and Kitale.

**Kibera slum education program (KISEP)**

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KISEP was established and registered as a CBO in 2001. In 2004, it was registered as a local NGO after it became an umbrella organization for four CBOs in Kibera. These CBOs are Mashimoni Kambi-Muru Ushirika wa Usafi (MKUU), Lindi Ushirika wa Usafi na Maendeleo (LUUM), Kibera Silanga Ushirika Group (KISUG) and Gatwekera Usafi Umoja na Maendeleo (GUUM). The NGO’s mission is to promote and advocate for an improved quality life for its members particularly disadvantaged children through education, resource mobilization, lobbying and networking. Its vision is to have a self-reliant community in Kibera. Its adequately furnished offices are in Mashimoni area and there are five professionals and two volunteers working for the organization. Its project areas include sanitation, OVC support, education, and group savings and loan. Oxfam GB has funded the project activities for the last six years.

The sanitation project targets the whole of Kibera. The residents are sensitized to the importance of keeping the environment clean and the organization has constructed drainage systems and toilets. Through its CBOs, KISEP does garbage collection. KISEP trains community members on psychosocial support, income generating activities and guidance and counseling.

The education projects targets both boys and girls aged between two and 17 years. Through this project, children are fed and provided with learning materials. The schools they go to are also provided with teaching materials and renovated. It is under this project that OVC support falls. Children whose parents have succumbed to HIV/AIDS or whose parents are too ill to provide for their families are given full educational support (uniforms, text and exercise books and food). They are also counseled on positive living. Children that have been sexually violated or infected with HIV are also taken care of within this project. The group savings and loan project targets men and women from the whole of Kibera and trains them on how to start and sustain group savings and loans.

The impact of these projects is great. The education project has seen an improvement of retention and enrolment rates in school. Due to the environmental activities of the project, people are more willing to keep the environment clean. Additionally, they have been provided opportunities to take their children to school. The group’s saving and loan program has made the caregivers and other members of the group more financially stable.
The group prides itself in running its projects, keeping its financial system in working order, having professional staff and maintaining an adequately furnished office. Its challenges include lack of teaching and learning aids. Partners prefer to support them in advocacy and lobbying only. The greatest threat is the lack of funding to run effective programs.

KISEP has previously collaborated with Care Kenya, AMREF, ANNPCAN regional office, Girl Child Network among others. In the next five years, the NGO expects to have transformed Kibera into a self-reliant community where schools will have support from the government and all OVC will be taken care of.

**Kenya disabled action network (KEDAN)**

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KEDAN was established and registered in 2003. Its mission is to advance the well-being of disabled youth by providing opportunities that promote proactive partnership in sustainable economic activities towards poverty alleviation. Its vision is to create an enabling environment in Kenya where beneficiaries can maximize their potential as well as play a more pivotal and pro-active role in their personal growth and societal development.

The organization is affiliated with Handicap International, its key donor. Its office is located in Kibera Olympic. It has nine professional staff and one support staff running its HIV/AIDS project. The project targets youth in the slums aged between 15 and 35 years from Kibera, Lang’ata, Kawangware and Dagoretti slums.

The HIV/AIDS project brings together disabled people (regardless of their categories of disability) to educate them on HIV/AIDS and related issues, and counsel them to accept their disabilities and to learn to live with them. In addition, it educates the community on how to live positively with disabled persons. As a result, many youth with disabilities now know their HIV status, have accepted their disabilities and are living positively. The negative attitude that the community had towards the disabled is slowly dying out.

The CBO collaborates with Liverpool VCT and UDPK. Its greatest strength is its ability to bring together people with different categories of disability to educate them on HIV/AIDS related issues. In five years time, the group shall have started a micro-finance group to aid the members of the organization. KEDAN has started a new project of job placement and livelihood for young people with disabilities. They have a free education program where the disabled are trained in different skills including marketing, entrepreneur, business
management and information technology. KEDAN is now offering seed capital to members for business start-up.

**Kibera mashimoni youth group (KMYG)**

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Kibera Mashimoni Youth Group was started 1996 with a vision of helping children and young people to lead a positive and better life through empowerment and capacity building in all areas of life. It was registered as a CBO in 2001. The group’s activities cover Kambi Muru, Lindi, Laini Saba and Mashimoni villages. Their funding comes from their income generating activities (mainly solid waste management). Their programs are led by eight volunteer officials and target young people 10-35 years both in and out-of-school. They also are now targeting women in business.

They first started with a Sports Program. They have male football teams that take part in tournaments. They also raise awareness on HIV/AIDS and drug abuse during tournaments. So far, five of their players are in the premier league.

The Solid Waste Management program started with clean-ups and progressed into garbage collection and then to the collection of scrap materials for recycling. They also sell food scraps as pig food. This program brings in substantial income to the group and its members are given a percentage of the earnings. Some of the money is used in the IGA program as credit for those who want loans. The group has a microcredit scheme for members as well as community women. They target young aspiring business people and support them financially. They have started another IGA of providing quality water services. They also have a cyber café.

KMYG conducts trainings on HIV/AIDS and drug abuse. They have collaborated with KICOSHEP, KANCO, KCDF, NACC and Participatory Development Centre for trainers, materials and videos. They also have Anti-AIDS Clubs in primary schools.

The group’s strength lies in their good management and record keeping. Their books are up-to-date and for five years they have worked without a donor. Their main challenge is the lack of participation by community members. In future, they expect to become an NGO with national branches.
Kibera youth initiative program against crisis (KYIPAC)

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The mission of KYIPAC is teamwork against crisis, bringing the youth into the limelight, transforming and creating awareness in the society. The group started in 2008 and is yet to be registered as a self-help group. Its members are youth from Mashimoni aged 15 years and above. Currently, the group relies on membership fees and contributions. Their activities have just started.

The youth create HIV/AIDS awareness through drama and poetry that they perform at functions. They also hold discussions amongst themselves. Every weekend they do clean-ups around Mashimoni, although this has been hindered by a lack of tools such as rakes and gloves.

So far the group has also conducted a seminar for the community in which they invited a civic leader to teach on civil rights. KYIPAC expects to make Civic Education part of their programs. Relationship building is another program that they have begun and so far have held three meetings. The meetings sought to foster better relationships between the older and younger generations.

The Vocational Bible School program has also kicked off. The group holds meetings where Bible study and Christian-based topics are taught. Under the Sports Program, there are girls and boys football teams. These are for friendly matches with other groups such as Carolina for Kibera, Drug fighters and KISEP.

The members’ commitment and cooperation is a strength. The group has 50 members who each have a task to perform. The group needs a bigger room to meet because the current room is too small. KYIPAC would like donor funding before they become self-reliant. In the future they expect to be in every location of Kibera.
Kibera Santiago Resource Centre’s vision is of a safe and conducive environment for the youth with reduced poverty and for the youth to be knowledgeable both socially and spiritually. It was started in 1997 and registered in 2007 both as a self-help group and a resource centre. Its mission is to empower the youth to be responsible citizens. Their main targets are street children and school drop outs (12-26 years) in the community of Laini Saba. The group is funded by individual donors.

When the group started in 1997, they began with football teams for the street boys. Their seniors and under-15 football teams are now registered by the KFF and play in Division II as well as participate in Kibera tournaments. Uzima Foundation provides them with a van and lunch for their matches away from Kibera. This has led to drug abusers reforming their ways. The street boys, by their own initiative, also have a car wash business at Kenyatta market.

In 2008, the group started an outreach program for the youth. They have held trainings on drug abuse, HIV/AIDS and BCC. The street children had an opportunity to mix with the other youth and feel that they are part of the community.

The new Girl Child program focuses on street girls. The girls have started receiving training in hairdressing from a woman in Kenyatta market and some of the girls are now earning money as interns. Plans are underway to support girls in a beadwork project.

Their main challenge is lack of adequate funding. Only Uzima Foundation has provided funding. Challenges include implementing their work plan for lack of funding, and lack of space to accommodate all the street youth. In future, they want their resource centre to be well-stocked with books and computers. They also want to see youths reformed from drugs, some employed in business and others back in school.
Kibera Woodley youth peer educators (KWOYOPEE)

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In 2002, UNFPA, with the Nairobi City Council, trained youth in the city under the NCC Urban Slums Development Project. Following the training, groups such as KWOYOPEE was formed. Its mission is to reach people in Kibera and educate them about reproductive health. The group is based at the Woodley (NCC clinic). Their mandate in 2002 was to train other youth on the issues that they had received in the training. However, they did this for about a month, died out by 2005, and then revived in 2006 when they registered as a self-help group. Presently, their target group is mostly in school youth, aged 11 and above.

In the Reproductive Health Program, they have begun visiting schools to talk about issues such as family planning, reproductive health, drug abuse, life skills and HIV/AIDS. (Each of the original members received certificates and a training manual). They show videos given to them by UNFPA and expect to actively train youth groups in Kibera.

KWOYOPEE uses the arts to spread the message on reproductive health. They sing, act and recite at functions held in and outside Kibera. They also have a boys’ football team and a girls’ netball team. The sports help them to interact with other youth and some have even joined the group through this. The group sometimes joins groups such as KAMSHEG and KICOSHEP in clean-ups. They have also forged a good relationship with Joseph Kangethe Primary School in Woodley by cleaning their toilets every Friday.

KWOYOPEE is helping the youth to reform their behavior. The challenge is to gain acceptance in the community. They expect that KWOYOPEE will have a business to help them financially in future and that lose hope since they do not gain anything financially from doing the trainings.
Kigulu Hiv/aids orphanage centre

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Kigulu Orphanage Centre was registered in 2006 as an NGO. Its vision is to reach the youth especially those who are infected or affected by HIV/AIDS. Its mission is to see orphans with HIV/AIDS treated and given educational support. It is run by an executive board of eight members. The centre has rented a building in Lindi where 50 orphans are taught. They are also provided with breakfast, lunch and porridge before going home. The centre has two teachers and one cook. The children are below ten years of age. Kigulu collaborated with KIPOTEC to identify mothers whose children could be recruited into the program. They also have community outreaches with KICOSHEP. As a result of the feeding program the children’s health has improved.

The centre has also installed a water tank which also serves the community. In addition they reach out to youth in Lindi by helping them organize themselves to participate in football tournaments. Kigulu Centre has plans to expand its work by doing more for the children, some of whom are infected with HIV. They expect to be able to make referrals and provide more support. They are challenged by a lack of space and funding. They also require building their capacity technically and institutionally.

In future they expect to relocate outside Kibera and have land on which they can have a formal school and orphanage. They would also like to have economic empowerment programs for the caregivers who are mostly women.

Kenya organization of people living with aids (KOPLWA)

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Kenya Organization of People Living with AIDS (KOPLWA) was started in May 2004 and registered a month later with the Ministry of Gender, sports, culture and social services. The overall goal of KOPLWA is to reduce HIV/AIDS stigma and discrimination through awareness campaigns, legal protection, economic empowerment and mobilizing resources for the education of Orphans and Vulnerable Children (0VC).
Activities they undertake include economic empowerment through Group Savings and Loans (GS&L), stigma and discrimination reduction through door to door campaigns, and health talks, OVC support, and a radio program on HIV/AIDS on Pamoja FM.

KOPLWA collaborates with Care Kenya, MSF Belgium, NACC, NEPHAK, WOFAK, and KOIN (KIBERA OVC initiative). Their main donors are Care and NACC. Some of the challenges are the high number of OVC seeking support. They only support 200 OVC in learning and school uniforms but over 2000 receive other services including psychosocial support. In future; they expect that the plight of the OVC will have been addressed and stigma reduced.

**Lea toto Kibera community based program**

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Nyumbani Children’s home was founded by the late Father Angelo D’Agostino in 1992 to provide a home for HIV positive abandoned orphans. Its community outreach program known as Lea Toto was started in 1998 as a mobile outreach to HIV positive children living in the slums. Its head office is in Kangemi, and it has sites in Kibera, Kariobangi, Kawangware, Mukuru kwa Reuben and Dandora. The overall goal of the Lea Toto Program is to mitigate the impact of HIV/AIDS and decrease the risk of HIV transmission through provision of a comprehensive Home Based Care package. It is funded by USAID in partnership with Children of God Relief Institute (CORGI) and by well wishers in Kenya and abroad. The Nyumbani Children’s Home and Nyumbani village in Kitui are run by CORGI.

The Kibera program started in 2003. In Kibera there are 12 professional staff and at least 4 volunteers at any given time. The program targets children from 0-18 yrs of age from all the villages of Kibera. They provide outreach to the community through door to door mobilization and sensitization and provide VCT services. They see an average of 120 clients per month.

On enrolment into the program, a child is provided with medical care including provision of ART and treatment of opportunistic infections, psychosocial support, nutritional rehabilitation and support, recreational therapy and referrals for specialized care. The program is an outpatient facility and so refers serious cases to Nyumbani Hospice, MSF Belgium, Mbagathi District Hospital and Kenyatta National Hospital. With the help of WFP, they give 150 needy families food rations monthly as part of the nutritional support. They also recruit and train Community Own Resource Persons (CORPs) to give messages on good health, drug adherence, positive living and preparation for disclosure. They also provide
Home Based Care. Through training caregivers on IGAs and GS&L they promote the economic situation of the families. K-Rep Development Agency has given loans to the families to start their own businesses. For the school attending children and college level students, Lea Toto gives educational support in terms of uniforms, stationery and even fees. More than 400 children in Kibera are beneficiaries.

Children aged seven years and above are given life skill training on adolescence and are also prepared for disclosure. This is a great success as the children prove more responsible towards their health and on drug adherence. The greatest challenge is to get children enrolled into the program quickly enough. Ninety percent of the children who die have been in the program for less than three months. Although a PMTCT program would help, for now the resources to fund such a venture are not available. The program collaborates with many organizations including but not limited to Amref, MSF Belgium, Stara Rescue Centre, GOAL Kenya. Riara Health Centre, KIPOTEC and KICOSHEP. They expect to do more towards facilitating processes aimed at increasing the community’s ability to cater for the care of the increasing number of HIV positive children in a sustainable manner.

**Lindi usafi ushirika na maendeleo (LUUM)**

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LUUM was registered as a CBO in 2001 and is a member of the umbrella NGO KISEP. It has more than 100 members from Lindi village and is run by an executive committee of 13. They came together to address the problem of education in Lindi and also come up with projects that would raise the members’ standards of living. The group started a school in Lindi with the help of Oxfam GB, from baby class to standard three and has had up to 390 children. It had a feeding program component and this greatly attracted the children. The parents were required to pay fifty shillings only but this has had to increase to one hundred and fifty shillings because the grant by Oxfam GB is over. The school attendance has since reduced.

The members have divided the village into two sections and organized themselves in groups that do clean-ups every Sunday morning. They also have Rotational Savings and Credit Associations (ROSCAs) or “merry-go-rounds” that benefit the members financially. To foster good relationships amongst members and with other groups they also have football teams. The women also have a netball team. They also attend seminars that are organized by KISEP on issues such as HIV/AIDS, fundraising and IGAs.

Apart from the other KISEP member groups, LUUM collaborates with Laini Saba Ushirika and Soweto Usafi Group. They appreciate the support that Oxfam GB has given to them because the funding has helped keep their projects going. They have also learnt a lot of things
through seminars that they would otherwise not know. Some of their challenges include members relocating to other parts or dying. In future, they expect to be an NGO, have rental houses, sanitation blocks, water tanks and an orphans’ project. They lack funding and would want a donor to help them.

Maji na ufanisi
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Water and Development is better known by its Kiswahili name – “Maji na Ufanisi”. It is a membership based NGO that was registered in 1997. The vision of Maji na Ufanisi is to be a key actor in creating an empowered and just society. Its work is thus guided by a desire to improve the quality of life of the disadvantaged through participatory innovative pro-poor water and environmental sanitation solutions. Maji na Ufanisi is run by a Board of Directors drawn from its membership of professionals from diverse backgrounds. It has a staff of around twenty people and also regularly has local and international interns. Its development partners include multi-lateral, bilateral, and local donors. Multi-lateral: UN Habitat; International: WaterCan, Cordaid, Ford Foundation, Christian Aid, and amongst local partners: Athi Water Services Board, Nairobi City Water and Sewerage Company Ltd and the Rotary Club of Nairobi.

Its programs in Kibera are mainly funded by UN- Habitat, Athi Water Services Board and Nairobi City Water and Sewerage Co. Maji has other programs in Kangemi and Kiambiu settlements. In earlier years it had the ASAL Water and Environment Sanitation program to address the lack of access to sustainable water and sanitation in ASAL areas of Kenya like Taita Taveta, West Pokot and Marsabit a five year program funded by DfID.

Maji na Ufanisi is currently implementing the Urban Informal Settlements Program in seven villages in Kibera (Soweto East, Kambi Muru, Laini Saba, Mashimoni) Kiambiu and Kangemi (Waruku, and Kaptagat). The communities in these areas facilitated by Maji na Ufanisi started by identifying their needs and gaps while acknowledging the need for external assistance. They identified water and environmental sanitation (WES) as their major need. The organization then held community meetings and trainings to raise awareness on WES. The communities were mobilized and were facilitated to register as Community Based Organizations. Over the years, Maji na Ufanisi has empowered the communities through institutional and technical capacity building. The focus has been mainly on management of Water and Environmental Sanitation.
Consequently, working with these CBOs, *Maji na Ufanisi* has constructed sanitation blocks (toilets, bathrooms and water kiosks) and improved drains in a number of villages. Due to their great demand, in collaboration with UN Habitat, *Maji na Ufanisi* is currently constructing 8 more sanitation blocks in Soweto. The sanitation blocks have greatly increased hygiene in the area. Laini Saba, one of the oldest CBOs has a bio latrine that generates biogas energy for cooking in one of their day care facilities. In all the villages where *Maji na Ufanisi* has its programs, the communities have installed water tanks thus increasing the availability of safe water at an affordable rate to the community. However the population density in most slums and especially in Kibera poses a great challenge. In the future *Maji na Ufanisi* expects to empower the communities to increase the toilets/bathroom blocks coverage to adequately meet their needs.

*Maji na Ufanisi* also has an Urban Informal Settlements Youth Program. In Kibera, *Maji na Ufanisi* works with Soweto Youth group and Kiambiu Youth Group in Kiambiu village. Youths are trained on various life skills, current issues such as HIV/AIDS, health and hygiene. The same groups are involved in community based solid waste management systems.

Regionally, *Maji na Ufanisi* plays host to the ANEW secretariat. The Africa civil society Network on Water and Sanitation (ANEW) is a regional body of civil organizations which are actively involved in sustainable water management, supply and sanitation dealing with policy and advocacy in African countries.

*Maji na Ufanisi*’s strength is in mobilizing and empowering the community. *Maji na Ufanisi*’s success can also be attributed to the fact that their core objective WES is a very basic need and when used as an entry point, communities are able to rally together and address other issues that affect them. Apart from expanding its programs in urban informal settlements and rural areas, Maji na Ufanisi plans to cross borders into Somalia and Rwanda in the coming years.
**Master plan self-help group**

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- **Respondents:** George Ayuya

The group was established in 2005 and registered in 2006. It is composed of eight professionals and five interns in its mechanics and carwash project. This project targets boys aged between 14 and 30 years. It also has a tailoring school that targets women aged between 18 and 28 years. The school has three professionals and two interns. These two projects are funded by contributions by the members and money made from garbage collection.

The group’s greatest challenge is a lack of tools and equipment for garbage collection. In five years time, it expects to have constructed a centre where the girls in the tailoring school can sell their products. Further, it expects to have a state of art garage to enable it to work more effectively.

**Mashimoni kambi muru ushirika wa usafi (MKUU)**

**Contact Information**

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- **Respondent:** The Group Advisor

The CBO was established in 1998 and registered in 1999. Its mission is to provide affordable education for all children residing in Kibera. Its vision is to have a self-reliant community in Kibera. MKUU has joined with three other CBOs (Lindi Ushirika wa Usafi na Maendeleo (LUUM), Kibera Silanga Ushirika Group (KISUG) and Gatwekera Usafi Umoja na Maendeleo (GUUM). Together they form the Kibera Slum Education Program (KISEP), a registered local NGO.

The group is composed of 26 members who are distributed evenly throughout its working area (Mashimoni and Kambi Muru). These members oversee its projects which target boys and girls aged between 14 and 19 years. However, girls are given priority and their projects include HIV/AIDS, OVC support and sanitation.

The HIV/AIDS project educates Mashimoni and Kambi-Muru area residents on how to protect themselves from getting infected and how to live positively if one is infected. The impact of the project has been an increase in awareness levels on issues related to HIV/AIDS, a reduction in infection rates and behaviour change.
The OVC support project targets children whose parents have succumbed to HIV/AIDS or those whose parents are too ill to provide for their families. The project provides school necessities for the affected children and performs follow-up visits to ensure that their guardians do not mistreat them. Infected children are also provided with Medicare. The result of these interventions has been improved access to education for the affected children and better health for the infected ones.

Both the HIV/AIDS project and the OVC project have a guidance and counseling component. It targets boys and girls aged between 14 and 19 years. The teenagers are taught issues related to HIV/AIDS and are advised to live Godly lives. The result of this intervention is an increase in the number of people visiting VCT centres and those willing to get tested. In addition, the youth now participate actively in HIV/AIDS campaigns.

The sanitation project targets Mashimoni and Kambi-Muru area residents. Besides cleaning up the area, the group sensitises the residents on the importance of keeping the environment clean. The results of this intervention have been a decrease in infections related to living in dirty environments, drainage systems that are now kept cleaner than before and construction of more toilets.

MKUU collaborates with organizations such as CIPAC, KISEP, Maji na Ufanisi and Kenya Water for Health. Its offices are located at Mashimoni and Kambi-Muru areas. Its greatest strength is that it is a focused group. Sustaining the projects is the greatest challenge that the group is facing because donors sometimes pull out. As of now, its key donor, Oxfam GB, has indicated that it intends to pull out of the project because DFID, the organization that has sub-granted Oxfam GB, is pulling out too.

In the next five years, the CBO expects to have changed the face of Kibera by providing clean and sufficient water for all its residents, proper toilets and access to free primary education to all the children. Notable is that the group has a functional bank account and that its accounts have been audited by Oxfam GB for the last six years.

**Makina community development project (MACODEP)**

**Contact Information**

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MACODEP was started in 1999 and registered as a CBO in 2004. Its mission is to empower youth, orphans and women economically. Its focus is on strengthening the capacity of the disadvantaged members of Kibera to respond to their socio-economic needs. It has a board of directors and provides health and community based services. Its main activities are in the area of health and it has a clinic is located in Makina which is run by one of its directors.
In its clinic, MACODEP offers curative and preventative services to about 60-100 patients per day. They offer home based care and support for people living with AIDS including orphans. It has acquired a Service Delivery Point number thus enabling it to register births and deaths, receive equipment and vaccine supplies from KEPI, plus contraceptives and HIV testing kits from the Ministry of Health. Apart from collaborating with organizations in Kibera, they also collaborate with MSF Belgium, International Medical Corps, Langata Health Centre and KEMRI among others.

The sanitation activities target Makina area residents. It involves garbage collection, the cleaning up of drainage systems and the distribution of plastic bags to homes in the area once or twice per month. On HIV/AIDS, members are sensitized on the issue especially the youth who are 12 years and above. The clinic also offers counseling and testing services. The impact has been an increased awareness of PMTCT and voluntary testing services, and notable behavior change in that youth are now going to the clinic for condoms.

MACODEP’s activities are funded through members’ subscriptions, donations from well wishers and fees collected from the clinic.

**Makina umoja usafi maendeleo (MUUM)**

**Contact Information**

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Respondents: Jason Luchesi

MUUM is a registered CBO working mostly in the Makina area to help the youth, orphans and single parents to better their living standards. They have offices in Makongeni, Sokoni, Kichinjio B, Makina (near courts) and Kichinjio A areas, and the head office is at the DO’s in Makina. Each office has 12 volunteers.

In the past, MUUM has received grants from UNICEF (2000-2006) and ANNPCAN (2000-2005). Currently they are funded by Feed the Children and their IGAs. MUUMs activities are run departmentally. The Water department deals with the group’s nine water tanks, which generate a fair amount of income for them. Part of the proceeds goes towards providing funds for GS&L. Under the Drainage department they have built up to 10,000 feet of drainage so far. They then leave them for the community to maintain and clean out. The Toilet department runs 114 toilets and bathrooms around the Makina area for a fee.

There is also a Sanitation/Tractor department, named because they have a tractor that extracts waste from the toilets in Kibera, Mathare, Kayole and Korogocho for a fee. They collaborate with Nairobi City Council in the job. This has been useful because before, the community had to build new toilets when the old ones filled up. MUUM also conducts clean-ups once a
week in every area where their offices are. They have a Tools department that manages the cleaning tools and they also rent out the tools to other groups.

The Education department targets OVCs and MUUM has a school with classes for babies up to primary level. They pay 4 teachers and also the rent of the land. They also feed 650 children from Monday to Saturday. Their parents are also included in other activities of the group.

The Youth department has football teams for boys and girls. They have also opened a car wash on Kibera Drive and facilitate a garbage collection project for them. The youth also attend trainings on HIV/AIDS and other issues. The chairman says that these activities have reduced idleness, robbery and other mischievous behavior among youth.

The Single Mothers department began in 2003 to help them become self-reliant. They are trained in business skills and handicrafts such as “kiondo” making. Some have even found a market for their products abroad and MUUM has started a GS&L scheme for them. The repayment rate of the loans, estimated by the chairman is at about 70%.

MUUM also runs 2 clinics (in Kianda and Laini Saba areas) under the Health department where the members get almost free treatment. The clinics also conduct awareness campaigns on HIV/AIDS and TB.

The Welfare department takes care of the members’ needs, especially those requiring medical attention. Through the department, MUUM also organizes home visits and takes care of last expenses. The funerals are quick and well-managed.

MUUMs strength lies in their Water, Education and Toilet Exhaust activities, which the chairman says have gained them a good reputation. However, some members want their earnings to be given directly to them. This lack of understanding as to the group’s mission is a big challenge, especially as the group is hoping to be established as an NGO in the near future.
Mchanganyiko women self help group

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Respondent: Ramadhan Abdallah

Mchanganyiko Women Self help group came together in 1997 to promote the community to overcome poverty and secure lasting improvement in their lives. It was registered as a CBO in 2004. At the time of this interview, Mchanganyiko Women were under interim administration pending election of new officials. The group has had problems that led to the suspension of its activities. However, with the support of their main donor ChildsLife International, the group has started reviving its projects.

In January 2008, the nursery school started again. It charges a nominal fee and has a feeding program. The group also has IGAs that include rental of a meeting hall (Patricia Hall), chairs, tables, tents and utensils. They also have a water tank in their compound and sell water to the community. The group has HBC program for HIV positive patients. They assist the PLWHAs by giving food rations and training on how to take care of themselves. They also give donations and child support.

Pat zero waste self help group

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Respondent: Wilson Odhiambo

The Patriotic Youth Group came together in 2004 to do garbage collection and environmental awareness. In 2005 they joined their efforts with a group of girls called Zero Waste and hence the name Pat Zero Waste Group. They are registered as a self help group and have 25 members and seven officials. The group first started with garbage collection in Karanja area and recycling. They collect garbage twice a week and charge according to how many times they collect a client’s garbage. They then pay the Nairobi City Council Kshs 500 per month for their lorry to collect the bags. They also conduct regular cleanups in the area. KCDF gave them funding to buy the cleaning equipment. Pat Zero has not increased their prices although the price of plastic bags has increased. They are currently running this project at almost a loss. However the project keeps the youth busy and members are given fifty shillings per
collection. As for recycling they are currently collecting plastics so that they can get a market for them. They made some compost but did not get market for it.

KCDF has also helped fund workshops held by the group whereby they invite youth and other groups in Kibera to participate. So far they have addressed issues such as HIV/AIDS, drugs, conflict management, leadership and entrepreneurship. They use resources persons from KEO, HOYWIK, and GTZ among others.

The female members of the group recycle plastic paper by weaving it into attractive bags. Currently the bags are made to order, mostly from abroad. They also sell to visitors of CFK and make a good income from the project. In future they are planning to teach youth who are not members to make the bags and plan to also buy sewing machines to start making clothes (not from plastic).

Pat Zero is also experimenting in making ceiling boards from papier mache. They use newspapers and other waste paper to form the 30 by 30 boards. So far the boards have been used at STARA Centre but they are yet to actively market them. Their strength comes from self sacrifice. Most of the members make time for the projects although they are in school or working. Their main challenge remains lack of funding.

**Pillars of Kibera (POK)**

**Contact Information**

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**Respondents:** Samuel Abwao and Victor Odhiambo

POK was established on 2000 and registered in 2002. It is composed of 78 members and its mission is to equip youth to serve the community for the purpose of spiritual, psychological, social and economic development. Its vision is to give expect to the youth and community at large and for them to achieve their dreams and aspirations in support of the development of society. This self -help group works in the whole of Kibera. Its office is located at Kisumu Ndogo area.

The self-funded group has three key projects areas. These include theatre, sports and environment. Theatre and sports form the youth project and targets youths aged between 13 and 25 years in and out of the Kibera area. The activities involved are drama, which is used as a tool to sensitize the community on HIV/AIDS-related issues and sports (football tournaments). The impact has been that the youth are less idle. This is because the project runs throughout the year and the youth have had the opportunity to identify their talents as well as establish a source of income when they perform their dramas for a fee.

The environment project involves garbage collection, which is done on a weekly basis, and clean-ups done once every three months. This project currently covers Kambi-Muru and
Kisumu Ndogo areas. The impact is that those involved in garbage collection have a source of income since they also sell the plastics and metals they collect.

The group collaborates with a large number of organizations, including Kamsheg, MSF Belgium, Amref, FIDA Kenya, Care Kenya and African PeaceNet. Its key strength is that all its members are from one neighbourhood and so they know each other well. Thus, they are able to delegate duties effectively since they know each other's abilities. The greatest challenge is lack of sufficient funds. They need money to support both their projects and themselves. In five years time, the group expects to have constructed a youth centre where it can have a youth friendly VCT, playground and library/reading space. Moreover, it expects to be established as an NGO.

Rehma- ta-allah community development group (RCDG)

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Respondent: Rukia Nasser

Rehma-ta-Allah Community Development group envisages a holistically developed community where all have equal access to basic needs. They began in 2002 and registered in 2004 as a CBO. With the mission of strengthening the community’s capacity towards sustainable livelihoods, they work in Gatwekera, Soweto West, Raila, Makina, Lindi, Laini Saba and Mashimoni villages. Rukia Nasser, the Youth Counselor, was interviewed.

RCDG has a volunteer staff of six members. Their programs target OVCs, PLWHAs and youth aged 15 yrs and above. Their Youth program also incorporates OVCs. These youth receive training in life skills, computer literacy, tailoring, mechanics, hairdressing and embroidery. Some courses are taught in their centre which also has a cybercafé in the KIBRA plaza. They also sponsor some to a vocational school in Olympic. 16 girls have been trained in tailoring and 18 youths in mechanics. The youth are also beneficiaries whenever the organization gets food donations. RCDG expects to soon start marketing some of the products made by the students. Apart from its vocational training school, RCDG also visits schools in the area to give talks on HIV/AIDS in AIDS Clubs. The OVC program also identifies children in the community and helps by giving food donations to the families and by making uniforms for the children. In 2007, 50 pupils benefited from these efforts.

RCDG has a home based care program in which they make home visits to PLWHAs and to those who are bed-ridden. They make referrals to VCTs and provide counseling. The Support Group program also works with those who have tested positive, in Post test clubs. It has 50 members in total, with a regular attendance of 30. They meet every Friday to support each other and receive counseling services. They are also taught about stigma and discrimination. RCDG refers them to MSF Belgium where they are educated about ART. After every meeting they used to be provided with packets of milk and bread but the funding for this has...
since ended. RCDG continues to advocate and lobby for the rights of PLWHAs in collaboration with organizations such as KANCO, NEPHAK and FIDA.

RCDG gives counseling and advice on domestic violence, rape, child rights and other human rights issues. They usually handle two domestic violence cases per week. This year alone they have helped book two perpetrators on charges of rape and child abuse. They are collaborating with FIDA in these efforts.

Rukia maintains that RCDG is the only organization dealing with orphans in the Makina area and the only one MSF Belgium refers its clients to for follow-up (support group). They have gained a good reputation but Rukia cites many challenges, including the fact that some in the community lie about being orphans. Regarding staff, they are on a volunteer basis so may leave for better opportunities at any time. They are also not yet fully trained so it may be challenging if one gets a query that is beyond their scope. (Although the staff has received some training from Methodist Relief Development Fund). In five years, they expect that they will be an NGO with a centre where OVCs and PLWHAs can run their businesses. They also expect to have a primary school in Kibera.

Salama youth group
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0721 615503
Respondent: Ramadhan Abdallah

Salama Youth Group was registered as a youth group and a CBO in May 2007. It has forty one members; mostly males aged 25 to 35 years. Their vision is for a new beginning (“Muamko Mpya”) in terms of direction and focus for a sustainable future. Most members are youth who have grown up together around Karanja road. The new group has started planting trees and doing clean-ups in a bid to be more environmental conscious. They intend to collect garbage from households at a fee. To keep the youth occupied they have two football teams that participate in local tournaments. They also do plays and skits.

The group has in the pipeline several income generating projects so that they can run sustainably. The village elders have allowed them to use a parking lot to have a car wash. They already have a water tank in place and are awaiting the meter to be installed. They also intend to keep poultry both for meat and eggs.

Shabab youth group
Contact Information
Chairman: Ras Lojuron

Directory of organizations in Kibera
The Shabab Youth Group was started in 2001 and have a vision of equality and justice for all. It was registered a year later and has branches in Mombasa, Tala and Kitui. The mission of the group is to let the hungry be fed, the sick be nourished, the aged protected and infants taken care of. They cover all villages of Kibera.

The youth group is unique in that it does not rely on donors. It gets a modest amount from the Rastafarian handicrafts they make, which, according to the Chairman, is their strong point. Through these efforts they act as positive role models for other youth by utilizing their time usefully and creating local materials, proving that they can be self-sufficient. The Makina area office has 15 members who work in the group’s projects. Their main target is youth in the area, most of who are above 17 years.

The Chairman says that nylon pollution is one of their major challenges. In their poverty eradication project, one of their activities is making improved bags from plastic paper bags and local materials. The group also makes earrings, belts, necklaces, T-shirts and other articles in Rastafarian colours. They market their items both locally and internationally. The music and drama for communication project also involves youth who compose songs with a message of spirituality and morality. Their art aims to help the youth to improve their communication skills.

Shabab youth are concerned about the environment. Comprising mostly of vegetarians, they educate members and the community on the environment through workshops. They communicate their message through song and plant trees. They also collect garbage for a fee. They have collaborated with Care Kenya, Total Eco-challenge, the Greenbelt Movement, Youth and Regeneration Group and KSHG. More recently, together with the Kitui and Kangundo branches they have started saving seeds of indigenous herbs, food varieties and trees. They also advocate for organic farming and for farmers to refuse the introduction of GMOs into the country.

Their challenge is the lack of recognition by leaders who they say are ignorant about issues such as environmental degradation. In future, Shabab wants to be involved to spread their message to other countries.

**Silanga youth group**

**Contact information**

- **Chairman:** Sadik Bilal
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Respondent: Steve Kasoa

Silanga Youth Group was registered as such in 2006. It has about thirty members all from the Silanga area. Their vision is to eradicate poverty and injustice in the area. It engages youths in result -oriented missions and thus prevents criminal activities. They also promote environmental sanitation. It has six officials to run the activities. The group members are aged 18 to 30 years and are both male and female. The group generates income through membership contributions, garbage collection and selling of eggs. These generate at least ten thousand shillings every month. They also do clean-ups in the area supported by Undugu Society which provides protective gear. The profits garnered are shared at the end of the year.

All members of the group have received training on HIV/AIDS awareness and counseling by Undugu Society and COMMIT (a group of students from Germany). With the help of pamphlets and condoms from NASCOP, MSF Belgium, and the health centre at the DO’s camp, they set up an information desk every Saturday outside their office. Other members also walk around talking and distributing condoms to those who want. The community response has been positive and at least 100 condoms are given out each Saturday. However sometimes condoms are not readily available.

The group also has drama and debate activities both for entertainment and for sensitizing the community on issues of health, HIV/AIDS, STDs, sanitation, leadership and human rights. The group has six individuals trained as resources persons in HIV/AIDS, guidance and counselling and health animators. They also have football teams for both boys and girls. The teams are open to the members of the community. Any monies earned from local tournaments are given to the players.

SYG has built three toilets and a water tank with the help of Undugu Society that will be an income source. They are waiting for the Nairobi Water Services company to install a meter and soon they will be in operation. SYG also collaborates with groups such as Pillars of Kibera, KISUG and KAMSHEG. Every year ten students from Germany also visit the group through COMMIT.

Due to their efforts their area in Silanga is clean compared to other areas. They also have stopped vices such as stealing and drug abuse because of the alternative income. However they still require funding for their projects in future, such as installing a satellite dish and furnishing their office. The lack of support from the local authority in cleaning up Kibera is also a major deterrent because they need a lorry to remove piles of garbage. In future they expect to be self-reliant and help other groups.

**Sister club youth**

**Contact Information**

**Contact person:** Mohammed Nassur
The group was established and registered in 1995. Its mission is to create employment for the youth and keep Kibera clean. It is composed of 88 volunteers and its office is located in Makongeni area. The self-funded group has four projects and activities which include garbage collection, HIV/AIDS awareness creation, home-based care and cultural shows.

The garbage collection project targets the whole of Kibera. The volunteers distribute garbage bags, collect filled ones and take them to the collection site. As a result of these efforts, Kibera’s sanitation has improved.

The HIV/AIDS awareness project targets both boys and girls aged between 18 and 35 years. They are taught how to protect themselves from infection and how to live positively if one is infected. In its forums, condoms are distributed. Consequently, the youth have begun changing their behaviour and they are also able to discuss HIV/AIDS related issues openly.

The home based care project targets people living with HIV/AIDS. Those trained to offer the services do home visits and refer those living with HIV/AIDS. The care-givers also use the home visits as an opportunity to train members of the group how to do home-based care. As a result, people living with HIV/AIDS are now living longer because they are taken care of and are less stigmatized.

The Cultural Shows project targets people in need of entertainment. The group does drama, dances and poems in social events at a fee. The earnings are used to fund the other projects.

The group has previously collaborated with As-swafa. Its key strength is that it is able to reach children as young as six years through its cultural shows project. It teaches them how to dance, perform poems and drama. Furthermore, it is recognized throughout East Africa. Its key challenge is lack of funding in order to run its project effectively. Another challenge is that they do not currently have an office since their office was burnt in the post election violence and they are now operating from the group secretary’s house.

In five years time, the group intends to have recruited more people so that it can change Kibera. In addition, it expects to have built a home for children orphaned by HIV/AIDS.
SACODEN was registered in 2002 and established in 2003. Its vision is to have all children empowered to have a normal life. The local NGO works in Gatwekera, Soweto, Raila, Makina and Kisumu Ndogo villages of Kibera. Its head office is located in Makina while its branches are in Rachuonyo and Siaya districts. In the head office, there are five professional staff and two volunteers. Each branch is managed by a volunteer. The NGO is affiliated to an international organization called First Place that is its donor and auditor.

The projects run by this organization are OVC support and caregivers empowerment. The OVC Support project targets orphaned children aged between 3 and 17 years. It supports them in their educational endeavors by supplying them with uniforms, books, food, beddings and sanitary towels for the girls. Additionally, the children are taught about HIV/AIDS and are given psychological support and medicare. The result has been an improvement in the quality of life for the OVC. SACODEN has started a program on hygiene-promotion due to the increasing cases of diarrheal diseases.

The Caregivers’ Empowerment project targets people who take care of OVC. Members are trained on group savings and loans, HIV/AIDS-related issues, and the sick are referred to the MSF Belgium health unit for medicare. As a result, the caregivers are more financially stable than they were previously. Additionally, those who did not have IGAs before have started.

SACODEN collaborates with KISEP, IDEWES, HAKISHEP and Hands of Love, among others. Its institutional strengths are that it is accepted by the community it works with, has professionals who have worked in the NGO sector for a long time, and that the organization is run by women for the women of Kibera. Lack of adequate funding to employ more professional staff and access to medicine for OVC remains its greatest challenge. Its greatest threat to success is a lack of funding to support the OVC through secondary and tertiary education. In the next five years, SACODEN expects to have expanded and established itself in more rural areas and begin supporting OVC through secondary and tertiary education.
Shining hope for community (SHOFCO)

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Respondent: Kennedy Odede

SHOFCO was established and registered in 2006 and its mission is to create a working society for the youth. Its vision is to encourage the youth to be responsible and active in the development of the nation. The CBO works in Gatwekera, Kisumu Ndogo and Lindi villages. It has four officials and 92 members. The group is funded by friends, well-wishers and members subscriptions. Its project areas are sanitation, sports and HIV/AIDS, journalism, theatre, girls’ empowerment & microfinance.

The sanitation project involves garbage collection, distribution of garbage bags, cleaning drainage systems and sensitizing the community on the need to keep the environment clean. The sports project targets boys and girls aged between 12 and 25 years. The boys participate in various tournaments and are also taught about AIDS and its impact on society. As a result, the youth are constantly kept busy and their sporting talents have been identified and nurtured.

The HIV/AIDS project also runs throughout the year and targets young women aged between 18 and 29 years. For those living with HIV/AIDS, the project provides household items and foodstuffs, encourages them to save, aids them in starting IGAs and teaches them HIV management. As a result, some women have become self-reliant, aware of their HIV status and unafraid to disclose it to others.

SHOFCO collaborates with ISSA, Maji Mazuri Youth Group, MSF Belgium, Mathare Youth, Pillars of Kibera and Pamoja Youth. Its key strength is that the community recognizes its work. Additionally, it is a unique group because all its members are from Kibera and they excel in sports. Its key challenge is the lack of training opportunities to reinforce skills the members have acquired. Its key threat is lack of funds to run its projects effectively. In five years time it expects to have branches outside Kibera and many self reliant members.
Soweto youth group

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Respondent: Samson Ataly

Soweto Youth Group was registered in 1999. The group came together to address environmental sanitation and other issues affecting youth like HIV/AIDS and drug abuse. Their partners include Maji na Ufanisi, Pax Romana (Rome) and SUG (Soweto Usafi Group). The group has 70 members drawn from the Soweto area. It is run by seven officials. One of its programs is on HIV/AIDS awareness and drug abuse prevention. The members have been trained in these areas by Care Kenya and so hold seminars and drama to disseminate the message. They also do this by participating and holding football matches. They have three football teams for boys. The group also seeks to nurture the musical talent of its members and have participated in events such as the World Habitat Day.

Their main project is on environmental sanitation. The group does cleanups and garbage collection in Soweto at a minimal fee. They also educate the community on the environment. They have currently set up compost piles on a trial basis. They are yet to test it for pathogens. Maji na Ufanisi and UN Habitat are currently constructing a recycling centre for them. The group expects to begin running the compost centre by 2008. Apart from sorting of the different materials for sale, they will also be making briquettes.

The group collaborates with the Slum Upgrade Program and is educating other youth about it. For example they have persuaded the youth about the need for a road going through Kibera from Mbagathi to Karanja. They want to start youth brigades in the villages so that youth can be trained in different fields and then lobby for the youth to be employed in the upgrading program instead of employing people from outside Kibera.

The group has a sorting centre; their office is fully operational five days a week and they have trained youth on the construction of sewer latrines. At One-Stop Youth Centre, they have reconstructed their offices and are currently constructing for new latrines.

In future they expect to be an NGO to help others to be self-reliant. They are working towards Kibera having a good sanitation system and reformed youth. Their challenge remains lack of constant funding hence the need to continually fundraise.
Soweto usafi group
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Soweto Usafi Group (SUG) was registered in 1999 as a CBO. It has 130 members and is run by a committee of 13 members. The members came together to improve their lives especially in the addressing their water and environmental sanitation issues. The group started doing cleanups in 1999. They have divided themselves into zones and conduct at least three major clean up exercises per month. They have been supported by Maji na Ufanisi to build a sanitation block of four toilets and 2 bathrooms that is in great demand. They were also provided with a waste exhauster by UN Habitat that serves Soweto, Laini Saba and Lindi areas. Due to the great demand, they want to increase the sanitation blocks.

SUG also have five water tanks in the area. The introduction of these brought the price of water down to a more affordable rate. Another income generating project is two rooms which they rent out as halls. Apart from these activities, SUG also serves as a model in WES management and has hosted visitors not only from Kibera and other settlements but also from Tanzania and Uganda. The group collaborates with other CBOs in Kibera dealing with water and environmental sanitation. They attribute their togetherness to Maji na Ufanisi who trained them to help each other with ideas. They would want to expand their program but are hindered by a lack of space. The group expects to buy land cooperatively in future from which they can be allocated an acre each for farming. They expect that their projects will not be adversely affected by the slum upgrading program.

Nairobi Water Company has promised to offer seven water tanks. Already they have supplied two tanks. Maji na Ufanisi has provided Kshs. 100,000 in form of a loan to be repaid with no interest. SUG is however having a challenge on sewer disposal.

Stara kicak rescue centre and school
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STARA KICAK Rescue Centre and School was started in 1999 and registered as an NGO in 2000. Its mission is to effectively respond to community needs through caring for the disadvantaged. It is a centre that targets mostly Orphans and Vulnerable Children (OVC) who
are infected and affected by HIV/AIDS. The centre has 25 professional staff, 14 of whom are teachers. Their main funder is ChildsLife International. The centre has a pre-unit and primary school that hosts 530 children ranging from 4-18 years of age. They also provide snacks and lunch for the children from Mondays to Sundays. As a result, they have observed that children who were once malnourished are now healthier. Stationery is provided free but uniforms are provided by well-wishers. WFP helps in the feeding program. They provide food during school days but during vacation and weekends, Childslife provides food and pays for the salaries of teachers in addition to the support they provide for the home based care program.

Counseling is also provided for the children as well as referrals to institutions such as Lea Toto and MSF for ART. A Child Rights Club was formed in 2002 where children (8-18years) are taught their rights and responsibilities. These lessons are also taught to parents. This has borne fruit in that the children have realized that they can report when abused. Some rape cases have been reported and legal action pursued. The centre collaborates with Children’s Legal Network (CLAN) in these efforts.

There is the also home based care program for guardians and parents who are living with AIDS which started in 2000. The program provides training on income generating activities such as soap making, bead making and tie and dye. STARA is proud of the fact that they are giving opportunity to the discriminated and stigmatized. The IGA activities make those living with AIDS feel accepted and they appreciate receiving quality education.

However, STARA is lacks adequate funds to comfortably address the needs of the children. The supplies are not enough. Recently though the standard seven class that initially had no classroom was assisted by Drew Barrymore the actress and WFP goodwill ambassador, to build one. The Swiss Embassy also funded the construction of the standard eight classrooms. Nonetheless, the land that they are currently on belongs to Kenya Railways. They would prefer to have their own land and title deed since lack of property ownership deters potential donors. In future, they expect to have a vocational school for students who do not continue on to secondary school. Another point of pride for them is the fact that their principle Josephine Mumo was named the first runner up of the UN Personality of the Year 2007.

The Kibera corp and community centre (Salvation Army)

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The Kibera Corp and Community Centre was started in 1982 and is under the Salvation Army that was established in 1971. The Salvation Army makes itself available to the community through social institutions, school and corps in an endeavor to care for the needy, and teach and train as opportunities allow. Their mission is to teach and preach the word of God based on the truths of the Bible with an emphasis on holiness.
The Centre reaches out mostly to those in Kianda, Gatwekera and Makina Villages. It has four professional staff, four support staff and more than 30 volunteers. Apart from its evangelical activities, the centre offers community services through various projects. With the help of the EXPECT HIV organization, they run a nursery school for OVC which includes paying pupils. There is also a feeding program that has proved to be very attractive to the children.

In 2006, a psychosocial club targeting youth was formed. The training is Christian-based and includes life skills training and counseling. The drama and dance activities have proved to be very popular and attendance continues to increase at the events. In March 2007, the Centre started a microfinance project funded by OPAL Australia which provides small-scale business people in the community with loans to increase their business capacity. To date, the response has been overwhelming and there are many applicants interested in the program. In addition to EXPECT HIV and OPAL Australia, the Centre also collaborates with Home Care Fellowship.

Lack of funding is the main threat to the success of the programs. For the nursery school, it is a challenge to provide uniforms to those OVC who cannot afford. Likewise, financial barriers also prove to be a challenge for those children intending to go on to primary school as they have problems getting uniforms and supplies. Additionally, the feeding program is affected when food prices escalate due to harsh economic conditions. Overall, the support from the Salvation Army congregation is a strength that enables them run their projects and they expect that in the coming years they will support the church and community programs in more significant ways.

**Undugu society of Kenya**

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Undugu Society of Kenya was founded by the late Father Arnold Grol, a Dutch Catholic priest. It is registered as an NGO and began out of a desire to address the plight of street children but has now evolved into community empowerment through capacity building. The mission of Undugu Society of Kenya is to contribute to the socio-economic empowerment of street children, vulnerable youth and marginalized poor urban and rural communities through lobbying and advocacy, capacity building, access to education and training and the creation of linkages aimed at reducing poverty for the attainment of decent livelihoods.
Undugu Society of Kenya has two main departments. The Social Programs department is in charge of the implementation of programs such as Children and Youth, Education and Training, and Community Empowerment. The Support unit comprises the secretariat, administration, management and fair trade. Under this department are also the Council, Board of directors, Trustees and Friends Circle Networks. Undugu Society of Kenya is registered as a fair trade organization with IFAT (International Federation of Alternative Trade). It provides local and international markets to marginalized handicraft and food producers and ensures equitable trading relationships between them and their consumers. They have a fair trade shop in Westlands whose products include stone and wood carvings, coffee, tea, fruit juices, jewelry, garments and assorted souvenirs.

In Kibera Undugu Society of Kenya has two main programs. One of these is the Education and Training Program funded by KINDERNOLTIFE (Netherlands). Undugu has an informal school situated in Silanga which also serves as a field office. Here the Undugu Basic Education program (UBEP) is implemented. It targets children 12 years and above who are unable to access formal education largely due to poverty. It is a four year program where the children are taught basic literacy and numeracy. It also has a school feeding program. Currently in Kibera there are 252 children in the program. The children are assisted into the standard six class of formal education or enter the Informal Skills Training Program (ISEP). ISEP provides opportunities for children and youth to acquire technical skills to be self-reliant. Currently in Kibera, Undugu Society of Kenya in collaboration with ILO and Kindernoltife are helping 150 former house maids in the program to acquire tailoring and hairdressing skills. Undugu does not have a training school but arranges for the trainee to be apprenticed under professionals. They also facilitate any government trade examinations if required. Undugu Society wants to build the capacity of CBOs to become partners in this venture. To this end they have partnered with KISUG in Silanga to take care of 25 trainees. KISUG are responsible for the recruiting, monitoring and following up of trainees.

The Community Empowerment program is supported by Kindernoltife and by BMZ of Germany. The program implements integrated community development interventions in urban areas with high poverty levels. In Kibera activities have been in Lindi, Laini Saba, Silanga and Kisumu Ndogo. They conducted a Participatory Urban Appraisal (PUA) in villages of Gatwekera and Mashimoni before starting interventions there. In the area of development education, the society is building the capacity of local CBOs such as KISUG and youth groups such as Silanga, in leadership, financial management, governance, access to information among others. The Undugu Society has also trained representatives from the community as health animators in primary health, first aid and HIV/AIDS. The society currently offers support to twenty bed ridden PLWHAs in terms of nutrition, psychosocial support and referrals. They have also trained and given loans to eleven groups of fifteen people each. The program that started in 2003 was evaluated and changes were made. As a result, loan repayment has increased from 33% to 80%. Monies accrued are used as a revolving fund. Undugu Society also improves infrastructure. It has built foot bridges, drains, and 24 sanitation blocks in Lindi, Laini Saba, Silanga and Kisumu Ndogo. It has also helped the local CBOs and youth groups to establish water points (tanks). In 2008 UNDUGU SOCIETY will be more active in lobbying and advocating for human rights. It especially wants to help the community to understand funds such as the CDF, LASDAP, Bursary, Youth Fund and Women enterprise funds. Undugu Society helps communities they work with to understand issues and their rights. For example the community has been empowered..
to raise and negotiate issues in the Settlement Executive Group (SEG) concerned with the slum upgrading program.

After the post election crisis, Undugu trained 10 community members to educate 120 community members on peace building, conflict management, negotiation and mediation skills. In addition, they also trained eight community leaders as trainers of trainers on Non-violent Action (NVA) to train another 120 community members. The society also offered seed capital to members whose businesses were affected by the post election violence.

The society would like to see greater collaboration among NGOs in order to achieve sustainable development.

Uzima foundation Africa

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Respondent: The Field Officer

Uzima Foundation Africa was established and registered in 1995. Its mission is to create social space and promote an enabling environment for youth empowerment. This empowerment should facilitate access to decision-making opportunities for young women and men for holistic improvement of the quality of their lives and that of their communities. Its vision is to have skilled and healthy young women and men in Africa proactively working with experienced people to improve the quality of their lives in ways that contribute to creating an environment for sustainable development in their communities and the nation in the context of gender equity.

The NGO is affiliated to Ford Foundation, Rockefeller Foundation, USAID, Global Philanthropy Alliance and International Finance Corporation. It works in Laini Saba, Kianda, Gatwekera and Mashimoni villages of Kibera. Its head office is located at Golf Course estate while its branches are in Nyamira and Kakamega districts. The head office has nine professional staff, three support staff and three volunteers. The Nyamira branch has three professionals, two support staff and two volunteers while the Kakamega one has three professionals, three support staff and six volunteers.

Uzima Foundation Africa is funded by its affiliate organizations. The five key project areas that the foundation deals with are HIV/AIDS and reproductive health, economic empowerment, safe and clean environment, peace, justice and leadership and environmental management.

The HIV/AIDS and reproductive health project targets those aged between nine and 35 years. The organization trains people on HIV/AIDS and its management and does outreach three
times a month. The result of this project has been increased levels of awareness on HIV/AIDS. The economic empowerment project targets young people aged between 18 and 35 years. It trains them on micro-financing, monitors and mentors those with IGAs and also disburses loans. The Safe and Clean Fun project targets those aged between nine and 35 years. Its activities run during school holidays and involve sports (football for both boys and girls), picnics, cultural festivals and trainings on how to develop talent. As a result, people engaged in these activities are less likely to indulge in vices such as drug and alcohol abuse. The peace, justice and leadership project runs only in election years. It provides voter civic education and knowledge on constitutional rights and registration of voters and discourages election violence. The environmental management project targets involves clean-up campaigns, garbage collection and tree planting. The result has been a cleaner living environment for the people.

UZIMA Foundation has trained over 300 youth in Alternatives to Violence Project (AVP). Thirty youth are trained facilitators who conduct outreach workshops in their communities to help young people to be receptive in the resettlement of Internally Displaced Persons (IDPs). The foundation has distributed food to 120 families of IDPs.

Uzima Foundation Africa collaborates within many organizations within Kibera. Its greatest strength is that it takes a holistic approach to working with youth and integrates HIV/AIDS, economic empowerment, clean and safe environment, peace and justice and environmental management. Its key challenge is that it is donor-funded and projects may stall when donors stop funding. In the next five years, the NGO expects to expand to the rest of Africa.

## Umande trust

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The civil society agency was established and registered in 2004. Its mission is to work in partnership with the community in water, environment and sanitation. Its vision is to align itself with the Millennium Development Goal of providing safe adequate and affordable water and sanitation. The CSO works closely with “Muungano wa Wanavijiji” (Coalition of Slum dwellers), Nairobi Water Services Co., Athi Water Services Board, Nairobi River Basin Program of UNDP and UNEP. In its head office located in Olympic, there are 11 professional staff members and four support staff. Its branch office is in Kisumu and has two professionals, two support staff and five volunteers. In Kisumu their integrated solid waste management program is supported by UN Habitat’s Urban Environment Programme.

The projects of the CSO target people’s settlements in Kibera, Huruma, Mathare, Kangemi, and Korogocho. They are funded by UNDP/UNEP, SIDA, WSUP (Water and Sanitation for the Poor-UK), Halcrow Foundation and the Swedish private sector. Previously, the EU
Democratic Governance and Support Program funded Umande Trust via Shelter Forum. The organization is audited by Bell & Associates.

The project areas of the agency are youth, savings and credit, environment and sanitation, democracy and human rights, people’s budgets and water governance. The youth project targets boys and girls aged between 13 and 21 years. It trains them on networking, recycling waste, bookkeeping and advocacy on effective use of the media. The project kept the youth busy and enabled them to earn a living from garbage collection and recycling.

Projects in Laini Saba Kibera include the community cooker that converts waste into energy. On ecological sanitation the trust has constructed bio-latrines that convert human waste into bio-gas. A second bio-latrine has been constructed in Gatwekera. Following its success, the Athi Water Services Board is currently supporting Umande Trust in building twenty biocentres in Korogocho, Huruma and Kibera to be completed in 2008. Six biocentres are being constructed in collaboration with Bunker group, Stara KICAK and in Lindi, Soweto and Laini Saba. As a result of the bio-latrines, the Nairobi River has been protected from human waste pollution. Human health has also improved because people now have access to clean water and well-constructed latrines that do not overflow in the rainy season. Additionally, the community has developed some management skills to manage the bio-latrines themselves.

The savings and credit project promotes a culture of saving among thirty two groups. It is run in collaboration with Pamoja Trust. Umande Trust has the rule that for any CBO wishing to work with them, members should be actively involved in their own savings and credit schemes. As a result of this intervention, people are more inclined to save and there has been an improvement of their economic status through loaning each other at affordable rates. With the support of the Swedish private sector, Umande has begun RCDF which is a revolving fund where a group with savings is given a loan at six percent interest for six months. So far they are have given loans to six groups in Kibera with 100 percent repayment.

The democracy and human rights project advocates for the right to water and to a clean living environment. It also builds awareness on CDF, LASDAP and other monies given by the government to develop the area, implement statutory reforms and assist communities in writing proposals and managing budgets. It does budgets, proposals, procurement and accountability sessions with the people in Kibera. It then helps them to participate in the city forum on the National budget where they too present their case. The result of this intervention has been an increase in awareness of how government funds should be used and how the community can voice its demands to policy makers. The water governance project has also created water and sanitation service associations in the whole of Nairobi, which has enabled communities to demand better services from the Nairobi City Council.

Umande Trust has launched eco-schools that promote the interaction of school with the environment and community. This initiative is supported by UNESCO and Kenya Organization for Environmental Education. Together with Athi Water Services Board they have provided six water tanks to schools in Kibera.

Umande Trust’s key strength is its transparency and accountability. Its key challenge is improving documentation and integrating others with their bottom-up approach. In the next five years the CSO expects to have expanded to Mombasa, Garissa, Nakuru and Karatina.
Youth reform

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Youth Reform was established and registered in 2001. The group’s mission is to better the lives of the Kibera people. Its vision is to create a drug-free, crime-free, AIDS-free, clean living environment for Kibera residents. The group consists of 73 volunteers, both male and female, aged between 14 and 30 years.

The group’s projects are HIV/AIDS, community policing and sanitation. The HIV/AIDS project sees to the distribution of condoms to people of reproductive age, awareness creation on issues related to HIV/AIDS and advocacy on voluntary testing and blood group identification. It also has a sports and OVC component. Through their football activities many young boys keep busy and as a result, have little or no opportunity to indulge in vices. The OVC component occasionally buys exercise books for affected children. The result of this intervention is reduced stigmatization in the community and an increased understanding of those infected or affected by HIV/AIDS. The sanitation and community policing projects target Kambi-Muru area residents and results have included a cleaner and safer living environment. Currently, the group collaborates with other youth groups in cleaning up Kibera. Its key challenge is lack of funds.
Youth in Action

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Youth in Action was formed in 1996 and registered ten years later as a self-help group. Its vision is to unite the youth and keep them busy. Since 2001 the group has focused on garbage collection. This caused a drop in the number of girls in the group who were too embarrassed to deal with dirt and rubbish. Thus the members are male youth, 16 years and above, with the majority out-of-school due to financial reasons.

Youth in Action collects garbage from the houses behind the DO’s office to the mosque roundabout. They get about Kshs. 700 per week that they mostly share amongst those present while a portion goes to the group account. Carolina for Kibera helps them by lending them cleaning implements.
The group has signed an agreement with a businessman to supply him with waste plastics and metals that they are currently accumulating.

One major challenge is debt collection. Some customers are reluctant to pay their dues. The group is trying to come up with an easier system of payment. Another challenge is customers moving house to another area and taking the groups’ rubbish pails, causing the group losses.

The group expects to be a big garbage collection company similar to BINS (a Nairobi garbage collection firm) in five years time.

Youth development forum

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Youth Development Forum (YDF) was started in 1999 and registered as a CBO in 2001. Its mission is the advancement and well-being of children and youth and promotes proactive participation in community development. They cover Soweto East, Lindi, Silanga, Mashimoni and Laini Saba villages. YDF started the Children’s program in 1999 with the aim of improving the children’s integration in community development through education. YDF’s Ushirika Children’s Centre provides formal education to 290 OVCs and the children
are provided with free uniforms and school supplies. They are also fed on weekdays. YDF also has an agreement with Amref clinic that allows their pupils to receive free treatment. The parents are only asked to each contribute Kshs. 200-300 each month to pay the volunteer teachers. YDF also has Teen Star Clubs in five primary schools. In the clubs children are taught their rights, behaviour change and HIV/AIDS among other issues. Care Kenya is the main funder of the YDF programs. They also collaborate with KAACR (child rights advocacy) and Girl Child Network.

In 2001, YDF started a Sports program for youth. They have boys’ and girls’ football teams that participate in local tournaments. The organization also holds its own annual tournament and also has karate and basketball for both boys and girls. Girls have become more assertive and sure of themselves through these programs.

The Art program started seven years ago. In this program, the youth are trained on HIV/AIDS including stigmatization and other social problems. They participate in drama, dance and puppetry and perform at functions and outreach events that they hold in the streets. In 2006, YDF decided to give the group autonomy and so they registered as a youth group. This group was called GAPS and has gained a good reputation from exposure in places such as the National Theatre and the Godown Arts Theatre. They have also done a radio play. YDF expects to help the group to produce their own film or television drama based on Kibera.

In 2004, YDF decided to address the plight of single mothers by starting the economic empowerment program. Mothers aged 18 to 34 years receive training in business literacy, HIV/AIDS, Reproduction health, hygiene and GS&L, among other topics. The GS&L scheme is doing very well and most mothers have their own businesses making them and their children food secure.

In 2005, some of the out of school and unemployed girls were taught how to make soap, tie and dye and tomato sauce. This was in collaboration with nearby Christ the King Church that did the training. However, currently only about five girls are making anything for sale.

YDF’s strength lies in its staffs that are passionate about youth and children. Since members were brought up in Kibera, they have community good will. There are however, many challenges that they face. Funding is inadequate. The youth also pose a problem because they sometimes think that YDF is out to exploit them. Girls are also not as active in all the programs. Also, the Ushirika School is on rented land and can therefore not have a permanent structure.

YDF wants to be at the forefront of establishing a youth network in Kibera. They expect to establish a resource centre. In 30 years, they expect to have established a foundation that gives scholarships to bright students.

Kibera is a place of political instability and tribal tension. Many consider it to be a place of transition and this may hinder the success of YDF. Lack of government involvement in Kibera has also led to insecurity and bad roads, facts that do not attract donors to YDF.
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